

# SHEIKH MEHMED ADIL



BOOK 6  
2019

# Preface

This book is a compilation of the sohbas Sheikh Mehmed Adil made in 2019

*“Don’t pass on your responsibilities to others. Keep busy, make yourselves useful. Care for people, help people, pick up rubbish. Be useful”*

Sheikh Mehmed Adil



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

# DO NOT FOLLOW THE MAJORITY

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raḥmāni r-Raḥīm.

“Wa ‘in tuṭi’ akthara man fī ‘l-arḍi yuḍillūka ‘an sabīli ‘Llah” (Qur’ān 6:116). “If you follow the majority you will be diverted from your path, the path of Allah.” Tonight because it is New Year’s Day, many people commit bad things. Therefore, we ask forgiveness and repent for them. We have fear of Allah. May Allah not divert us from His path, though we might be the minority, let us stay on the right path. Its being the majority, does not benefit us. When in front of Allah, the whole universe does not matter. What matters is to be with Allah. We should draw a lesson from some of these things. Life goes by; we need to make most of it.

People of the world, those we call the majority, misunderstand. “We could not do this or that business, had not done this bad thing, but now we have an opportunity to do so. Life is short, so we should not let it pass us by.” They say they could not do it while young, so it is time to do it now. In fact, they speak like this because of their stupidity. However much sin they commit, that much it will be bad in Next Life. A year passes, during the time of the year a person is not much aware of it, but when it is the end of the year, a person may think we are a year older. He may think he is closer to his grave. Contrary to others, if he has any faults, he tries to work on them, because life is short [and], as it is said, passes fast. These things like a new year, are the indications that life goes by. One should draw a lesson from it to make preparations for a new year, so committing sins is an act of stupidity, unfortunate.

Those are the ones who could not receive the guidance of Allah. They are unfortunate. If they do not repent, their end is bad. Then they are with such sins that it will be difficult for them to be saved in Next Life, totally unfortunate. There is a “rule” such that [since] everybody else is doing it, I should do too. It is not even a work of intelligence. You stay with the truth! Do not be fooled by the majority. May Allah guide us all, insha’Allah. Every year we too are waiting. May it be the year of Islam this year! May it be the year of Mahdi (AS)! May it be the year when people will receive the light, guidance, inshaAllah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

01 January 2019 /25 Rabī‘u ‘l-Akhir 1440, Akbaba Dergah, Morning prayer

# HUMILITY

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

One of the most important pieces of advice from the Prophet (SAW) is to have humility. Yesterday, as we read in the hadith lesson, he said, “Do not elevate me so much.” Even though the highest in creation is the Prophet (SAW), he teaches humility. However much a man displays pride, by so much he puts himself in ridicule, becomes a laughingstock. Humility is the best of all characteristics, the most beautiful one.

Some people cannot stop praising themselves. In such cases, others make fun of the one who does this, also there is no use in such [self-]praise. When humility is displayed, Allah ‘azza wa jalla gives you a reward, you become someone approved. If on the contrary, you follow your ego, neither Allah nor people like those who hold pride. There are many people who do not follow the path of truth, because of their pride. During the time of the Prophet (SAW), people though knowing him as their prophet of truth, did not accept him because of their pride. They died, fought, [yet] still did not accept him.

They were the people of the Prophet’s tribe, Quraysh. Why did they display pride? According to the culture of the time, being poor was not accepted nor being an orphan, both were an offense, [though] in fact, all are from Allah. Allah gives to whomever He wishes; He leaves as an orphan whomever He wishes. They thought this was a humiliating situation, though it has no value [in itself] but [is] the work of Allah. They lost their minds because of their pride. In terms of mental ability, they were pretty smart in cunning, but pride took their minds away, took them to their own end.

Therefore, a person who holds pride deserves hell. He will burn in hell with that pride, [and] after being cleansed, if he is a Muslim, he will enter paradise. If not a Muslim, he will remain there [in hell]. May Allah teach us all humility, have us all be in the state of humility, insha’Allah. Everyone loves those who show humility, the Prophet (SAW) as well as other people.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
02 January 2019 /26 Rabī’u ’l-Akhir 1440, Akbaba Dergah, Morning prayer

# THE WORLD OF DISBELIEVERS

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Thank God we came back safe [from the UK.] InshaAllah, it was a service. Our service is not important, but may Allah accept it. Those people there who are Muslims already, or just became so, need it. They call it the world of disbelievers, [and] indeed it is. Never can disbelief and faith co-exist. They are always battling each other. Those who follow Shaytan and those who do not follow him are in a state of war—they wish to finish each other. In the last hundred years, they realized that what they had planned was not going to succeed through [actual, overt] wars, [so] they are trying it now through deceit.

They want to diminish the faith and religion of those people who are living there. They want them to be wasted away and they want to be a unitary nation without faith. Of course they want this to happen [also] in whole world, so when there are believers among them, they deeply resent them. They are busy with many different kinds of tricks. Now they are bothering children young and old, but Allah is with the believers, with those who have faith. Allah certainly helps them. Those who are with Allah are victorious. Those who are against Allah are in ruin, no other thing is possible. Either they will be guided and saved from these things, or they will be happy neither here nor in next life. They spend their time with sorrow and worry. They assume that it will be much better when they finish the others off. They cannot finish them, [and] even if they could, there would be no use.

We need to thank Allah. People here are dreaming of Europe. They assume it is the place of paradise. They think of running away there and taking refuge. Before getting there, half of them die. Half stay alive, [but] after they reach there they are ruined. One must think about it, and thank Allah. If you thank Allah, He gives your provision anywhere, not letting you down and having you needy of others. May Allah be our helper! May Allah give intellect to people, insha’Allah. It is the greatest provision! Those who have it can see the truth, [and] are not worried. Because they are on the right path, they live at ease, insha’Allah. May this and Next World become blissful, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
20 January 2019 /14 Jumādā al-Ūlā 1440, Akbaba Dergah, Morning prayer

# THE SUFI PATH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Nothing is like the path of Sufism; it is to train one's ego. The Sufi Path is to cleanse one from the uncleanness of this world. It is called the path of purification (tazkiya). Sufism is, therefore, the path of those who have reached maturity on the path of the religion. This is the path of the Prophet (SAW).

It is not easy. Sometimes people wish to hear beautiful words; they love being praised. They are extremely happy when they are praised. If they hear a bad word, they get upset and answer back, they fight; they say in complaint, "This is how I was..." This is not in Sufism. The two should be the same. It should not be unbearable to his ego. How? You will not be joyous, when you are praised. The Prophet (SAW) says, "Take a palm full of soil from the ground, spread it on the face of the one who praised you, so that he does not praise you again." Do not get angry with the one who says bad about you or get upset. You need to know this is for your ego training. This is what Sufism is.

They treated Sayyiduna Bayazıt al-Bastami so badly that sometimes they would throw him for dead. He, on the other hand, used to ask for their forgiveness and say against what they did, "They would have killed me, if they had known it would earn so much good." This is good for normal people, but for people on the Sufi path they should be indifferent as to whether they are loved or cursed. May Allah cause our ego to be trained. Only we know our own state. May Allah not dishonor us, insha'Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

21 January 2019 /15 Jumādā-'l-Ülā 1440, Akbaba Dergah, Morning prayer

# SUPPLICATION AND CURSE

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Cursing is not a good thing; prayerr is a good thing. If the person deserves the cursing, it may strike him. The Prophet (SAW) says, “Whoever does it, it happens to him.” So prayerr is the greatest gun. People, Muslims, can use it for good. The Prophet saw says, “Do not curse your families, your children.”

It goes to others, if the person is right, but not against those who are oppressed. If you curse the other out of envy, hate, jealousy, that time it returns to you. It is possible to curse a non-believer, because who we call a non-believer is the one who harms us, the one who wants to harm and the one who has others harm. When we are in unity, we pray, “May Allah damn those!” —because they are attacking the umma, [and] their only goal is to put an end to Islam. Because having grudges [and] hate, they are with their satans, one can curse them by saying, “May Allah damn those! Allah!” However, a Muslim should not curse another Muslim. As we said, if they do and they are right, that is ok, but if not their curse would return to themselves.

May Allah give intellect to people! May they do their worship or affairs in awareness! In awareness a person reaches salvation. May Allah guide us, give salvation, and ihsan.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

22 January 2019 /16 Jumādā-'l-Ūlā 1440, Akbaba Dergah, Morning prayer



# LEARNING FROM OUR MISTAKES

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Human beings make mistakes because they will learn through them. As long as they do not insist on continuing in their fault, the mistakes become lessons to learn from. Therefore, when he makes a mistake, or not particularly committing a sin but following someone wrong or doing something wrong and spoiling it, he should not worry about the world, he should put it into his mind that it was a lesson.

If he makes a mistake, and is upset, [but] later continues to make the same mistake a hundred or thousands of times, then that time there is no benefit from the mistake. However, if it is done once and after the task or something is spoiled, then for the second time, you do not go near it, he may ask where the mistake was, correct it, and continue. Instead of thinking something such as, “I did this or that... then this happened. What is this situation? Why did it happen like this?” and bewailing, one must draw a lesson from the mistake.

This is for this world. For the Next World, however many mistakes you make, [however many] sins you commit, you must ask for forgiveness—Allah ‘azza wa jalla says He accepts repentance. The door of repentance is still open. Already a human being does not spend a day without sinning. Not everyone is a saint. Allah has created people to sin and ask for forgiveness; therefore after repentance, the sins are corrected, and forgiven. Worldly affairs are the same as we said: no need to be upset for the worldly, we draw lessons from mistakes.

Now people study at universities. Most people are not attending government universities, because they would have to study more, [and] most people have become lazy. They prefer private schools, and pay to receive knowledge or to learn skills. In those schools, he pays and learn. When you make a mistake in this world, you learn from it and pay for it not with money but with something else. Therefore, let these remain in our minds. When we make a mistake, we must say, “This was not a mistake, but a lesson.” This means the thing was not good, we made lost a lot, wasted, [and] next time we need to watch out and not repeat it.

On the contrary, if you blame someone else, there is no use in the blaming. No one’s affair goes right. There is a way of doing everything. Allah ‘azza wa jalla creates these situations, wants them to learn from their mistakes and ask for forgiveness so that He forgives. He is merciful; we harm ourselves. May Allah help us. May we realize our mistakes, draw lessons from them. May Allah forgive our sins.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
23 January 2019 /17 Jumādā-’l-Ülā 1440, Akbaba Dergah, Morning prayer

# HEALING IS FROM ALLAH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

These are the End Days. Everything has degenerated. The state of everything is confused. The number of illnesses have also increased; there are a lot of illnesses which are not known. Doctors prescribe medication, and people say, “The medicines do not help.” This is because when Allah wants you to become ill. When you put your trust in medicine instead of Allah, then you might not be cured with that medicine. You ought to say, “May Allah give the secret of healing to this medicine.” You should entreat Allah that it become a healing for you. Otherwise, as we see now, they can give medicine upon medicine, [yet] no healing takes place. They try this one then another, they turn the patient into a guinea pig and say, “This worked; this did not work...” In fact, they should have said it with basmala [knowing] that the healing is not in this, but in Allah, [and that] this is just a mean—and then take the medicine. They also should not get themselves used to these pills. Some people take these pills like dried fruits and nuts, [and then] later when they really need them, they do not work, because their system has become immune to these pills.

The other important thing beside this is giving charity. In the giving of charity is healing. The Prophet (SAW) said, “Charity is a healing against illnesses. It increases life span, [and] repels accidents and curses.” People pay a lot of money when it comes to medication, doctor fees, yet they do not give charity. This is something strange: people do not want to give towards goodness, [but] instead they spend on things that have no good in them. Allah attached meaning to everything. Everything has its own way of behaving, its own adab. When Allah does not inspire the doctor, mostly he does the wrong thing. The doctor may cause another illness, while the patient is normally alright. This brings another problem and suffering. May Allah protect us. May Allah heal people, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

24 January 2019 /18 Jumādā-’l-Ūlā 1440, Akbaba Dergah, Morning prayer

# AVOID FILTHINESS

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

The Prophet (SAW) advises:

“Wa-jtanibū ‘l-khabā’ith!” Khabā’ith is a term that covers all bad, dirty, filthy, najas all comes under this term khabā’ith. Our religion is purity, cleanliness. It asks us to keep away from this filth—filth in both physical and spiritual senses of the term. Spiritual filth are the sins. Keep away from them. You must keep away from all filth, dirt. What type of things? Alcohol, then cigarettes are amongst them.

People do not give importance to not smoking, however once one is used to it, it has a lot of badness. It is a thing which has no use at all, and is the cause of many illnesses. They are not able count its harms on health. They say it has five hundred, or another says five thousand or millions of harms. No one has come out to say one good purpose it serves. They say things about alcohol—it may have one thing good about it out of a thousand harms. Its good is no good. Cigarettes are worse than alcohol, yet Muslims do not call it a sin. Some call it disliked/hated (makruh); others do not even call it makruh. In fact, it is bad in all ways, [and] even if it had no harm or good, it is [still] a waste.

Uselessly, when a poor man is addict, he pays more for cigarettes than he pays for his daily bread. He wastes his children’s, his family’s, provision on cigarettes but still will not give them up. In Islam, Allah ‘azza wa jalla says, “Keep away from these bad things!” This is an order of Islam. Whatever other bad things there are, keep away from all. It is all forbidden, every form of harm, in Islam—harming people, animals, environment, neighbors, every kind. Let alone dirtying the environment, Islam rewards cleaning the streets and removing dirty things from paths, and counts these actions as charity.

Allah ‘azza wa jalla has given us such a beautiful religion. Though on the contrary people are running after all these forms of filth, our religion is recommending beauty, goodness. There is no need for other organizations—Greens or Reds, this or that, no need for any of them. They are rather themselves real causes of filth. May Allah guide them, have them come to this beautiful path, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

25 January 2019 /19 Jumādā-’l-Ülā 1440, Akbaba Dergah, Morning prayer

# FOR THE PLEASURE OF ALLAH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Bismi ‘Llāhi r-Raḥmāni r-Raḥīm:

“Allahumma waffiqnā limā tuḥibbu wa tarḍā.” “Allah, make easy the affairs that you are content with.” Let it be easy because most people do not do the things Allah is happy with; they find them hard, quite hard. They would do all kind of things, get tired. They do useful or useless things; they would not complain about them. Whichever things Allah is pleased with they find them hard.

Therefore he tells us as a prayer: let these affairs that are liked be easy, [so] we shall be able to do them. Because to hinder even the easiest thing, Satan, ego, [and] desires stand in front of you [and] make it look difficult. They do not want you to be able to do them. But if you do, Allah ‘azza wa jalla will be pleased with you. When He is pleased, your spirit is happy, then you are relieved, light enters in you. Allah’s contentment makes every affair beautiful. The greatest beauty is Allah’s contentment. When He is pleased with you, every affair you do is good, [and] this becomes the means for your station to elevate. Otherwise, [by] doing things that Allah is not happy with, gloominess descends upon you, suffering starts, troubles happen. May Allah protect us! May Allah make us able to accomplish things that He is pleased with. May He make these things be easy for us, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

26 January 2019/20 Jumādā-’IŪlā 1440, Akbaba Dergah, Morning prayer

# SPENDING FOR THE RIGHT PLACE

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Allah ‘azza wa jalla says, Bismi ‘Llāhi r-Raḥmāni r-Raḥīm:

“Yaqūlu ‘ahlaktu mālān lubadā. A’yaḥsabu ‘an lam yarahū ‘aḥad?” (Qur’ān 90:6-7) ‘He says, “I have spent wealth in abundance. Does he think that no one has seen him?” Allah says this in the Holy Quran.

You will give the account of your money, the thing that Allah bestowed on you. You will pay for it if you spent what is given you on the wrong things. If it was on the path of the good for the benefit of his family, children, for the Muslims, he will receive the reward. People today spend their possessions on the wrong things. They think they gain something, enjoy it all, feel good. They do every sort of bad thing. Most people after making a lot of money divert from what is right and ruin themselves.

Who is the ruined one? “I ruined my property,” they say. Ruining means that something is now useless. At the end they regret, and say, “I was this, I was that...” When the person’s end is good, he is the one who gains. On the other hand, let him spend as much as he likes all his life long—after losing it all, there is no use of it, is there? No, there is not. No use of it at all. Instead it is harmful. He gains nothing as an investment. He spends a lot, but that is not an investment. It is a harm instead—those are the things you will be crushed under.

When Allah gives, you take benefit from His provision, but do not use this in bad ways, do not do bad things. Allah gave you something clean; do something clean with it! Invest this way, [and] it will be good for you in the end, will be a relief, happiness, what you have in hand remains. Because of spending on the harmful or bad things, most of the time people are left with nothing, [and] they find nothing but loss.

May Allah give good thoughts to people, have them think well so that they live like human beings. Living like a human being is living good, your end being good. If you still insist on living mindlessly, then you need to consider what will be your own end. May Allah protect us!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Suḥbah of Shaykh Muḥammad Mehmet ‘Adil

27 January 2019 /21 Jumādā-’l-Ūlā 1440, Akbaba Dergah, Morning prayer

# FAITHFULNESS

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

“Woe unto those who reject,” it is said. Bismi ‘Llāhi r-Raḥmāni r-Raḥīm:

“Waylun yawma’idhin lil-mukadhdhibīn,” says Allah ‘azza wa jalla. “Woe on that day to the rejecters!” (Qur’ān 77:15). It says, “Those who have called the truth a lie are guilty, they will regret that at the time of resurrection.” Those who confirm the truth are the opposite of this. Of the ones who confirmed the truth, the first is Abu Bakr as-Siddiq. He is on the highest station in paradise, and he was the friend and companion of the Prophet (SAW). The others deserved hell. Seeing truth and still insisting on saying, “This is a lie!”

causes their end to be bad. Most people accept the lie as a truth, truth as a lie. They do this, because they follow their desires. And additionally, their doing has no benefit. There is harm in not accepting the truth, no benefit in not accepting. You will accept the truth (Haqq). You will say, “This the truth.” If you tell a lie, you will regret it on the Day of Resurrection. This is what Allah ‘azza wa jalla tells us in the Holy Quran. Submit to the truth, be with the truth. Follow what He says. If you do, you reach peace. If not, your end will be bad. May Allah not make it so, but it might be forever bad.

Some though they may say what is right sometimes and at other times what is wrong, still they can be saved. God is one. Do not ascribe partners to Him. It is a must to accept Allah. The real possessor of the body is Allah ‘azza wa jalla. On these end days, this is another thing they reject. They will regret a lot. May Allah protect us! May Allah guide us, inshaAllah. Let us protect our faith, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

28 January 2019/22 Jumādā-’lŪlā 1440, Akbaba Dergah, Morning prayer



# THE BAD FRIEND

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Jealousy, envy are from Satan; they come from him. The first one who envied was Shaytan. Out of envy he said, “I will divert from the path the sons of Adam (‘alayhi ssalām)!” Why? Because he envied Adam (‘alayhi s-salām). He says, “I will take his offspring to hell.”

So the sinner knows that he has sinned, and he wants to take others with him. Why does he do that? Due to envy. He says, “Since I will go to hell, let them come with me! Why should I go alone? Everybody go to hell!” And he tries hard to fulfill this. This is called “a bad friend”. A bad friend shows evil, takes people on a bad path, and thus in most cases a friend turns out not to be good. A real friend is known in times of difficulties. These bad ones run away from you before your difficulties even arise. They take you to a cliff, throw you off, and run away.

These are the soldiers of Satan; they are with him. One must watch out. They come out from all sides. They come in every disguise. So you must be careful who you are friends with. You need to assess a friend who brings out a bad saying or a bad behavior, and ask yourself, “What kind of person is this?” If he is good, fine; if not, keep away.

May Allah grant protection! There is a saying that a bad friend is worse than Shaytan. This is so true—indeed a bad friend is a thousand times worse. He can show all kinds of evil. He would have you get involved in them. May Allah protect us, [and] keep bad friends away from us! May the bad people keep away from us, inshAllah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
29 January 2019 /23 Jumādā-’l-Ülā 1440, Akbaba Dergah, Morning prayer

# TRUE KNOWLEDGE

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Allah created people to gain knowledge. Anything small they learn is part of knowledge. One might be doing something—when young knowing nothing, gradually one grows up by learning. Some people are curious—they continue learning. Real knowledge is the Holy Quran that Allah sent down, our Prophet’s (SAW) shown Way. This is not just a large sea, but an ocean.

Allah ‘azza wa jalla says: “If the seas were ink they would still be insufficient in fully expressing Allah’s knowledge. Man cannot reach even a single point. There is also a knowledge of outward, apparent things. If one learns it conscientiously, Allah shows him His power, loftiness. “Do not think about Allah’s essence (dhāt),” says the Prophet (SAW), because it is impossible to reach this knowledge. You can see His greatness [and] loftiness in His creation [though]. How wonderfully are beings created! The creation of this universe indicates the greatness of Allah.

Now some of those who are educated reach the truth (ḥaqīqah), but some study in vain. Whoever cannot see or reach the truth is empty. Those who call it “only nature” are empty. In the end, such a person only wastes a lot of effort, throwing it in the trash. But the other [kind] is with the truth and is among the rewarded ones. One is a gainer, while the other is a loser. These are Allah given skills. Not everyone can learn, not everyone has the curiosity to dedicate his life to knowledge.

The man who has devoted his whole life to the truth has gained. The other who did not do anything, he has read in vain. His reading does not help himself, nor does it help anyone else. May Allah teach us true knowledge. Let us take a lesson from this created universe. Let us see Allah's greatness, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
30 January 2019 /24 Jumādā-’l-Ūlā 1440, Akbaba Dergah, Morning prayer

# GIVING FATWAS

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

The Prophet (SAW) says, “Do not give fatwas!” Do not make a judgement in a legal case you do not know anything about, because the one who does judge should be educated, learned, so that he can determine a [proper] judgement, opinion. It cannot happen according to one’s mind, the truth is different from what they think. People see things differently, and imagine things [even] while their eyes are open.

He says, “The truth is what I say.” No, what you say cannot be the truth, because Allah’s judgment is one. If everyone’s opinion is going to be considered the truth, then there are millions of people and millions of opinions. That is just not possible. Now every opinion appears on TV or the internet, or [even] in places without these. They have started a course to [learn how to] give fatwas in ten days! They have raised men who start giving fatwas in ten days! What can happen in ten days? Only mischievous (fitna) can result. May Allah protect us from it!

This is something to watch out for. People should not put themselves under this responsibility! They are committing sin. Even if it [i.e., your opinion] is right you, are not sufficiently competent. There are imams and scholars to give fatwas. They know—let them have a look and decide! You must not interfere with everything. You must not decide according to your mind and ego. Your ego does not want to say that it does not know.

Instead, it says that it knows it all. [But] in fact, when one does not know, one should say one does not know. That is what all those great companions did. Imam Malik (RA) was asked ten questions, and answered that he knew two of them and but did not know eight. When a great scholar, Imam Malik, does this, who are you to put yourself under the responsibility? An intelligent man does not take on such responsibilities. May Allah protect this umma from such people. Thousands of scholars say the truth, [and then] one perverted man comes out and people follow what he says! May Allah protect us from such fitna!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
31 January 2019 /25 Jumādā-’l-Ūlā 1440, Akbaba Dergah, Morning prayer

# THE LAST STATION

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

It is said that the last place a person will end up is musalla stone [on which the dead body is laid for the funeral (janāza) prayerr] onto which one should go in a good state, so that his next life will also be good. When it is asked, “What do you think of this person?” it is a good thing that others say they knew him as someone good. If you know the deceased as good you say “good”. If you do not think of him as good, [but] most of those in the funeral say they knew him as a good person, [fine.] Otherwise, you should say, “May Allah have mercy on him.” If you know someone to have been good, Allah accepts the witnessing of forty people. With the permission of Allah he will be forgiven, but the real thing is his being good, really being good—such a person is [truly] successful.

Why do we say this? Our uncle, Abdullah, was a good, nice man. Everyone liked him. In his worship his path was good. He used to come to the dhikrs. Because he attended all the dhikrs, yesterday he was buried in the afternoon [and] tonight his spirit was present with us in our dhikr. This is a good thing for the next life. People are confused in what to do in life, what will happen, what will remain [for one] after this life. In fact, one only eats what [rizq] has been provided up until one’s last portion—and then one leaves this world. During the last few days of a person’s life, others say, “He does not eat, drink, enough.” This refers to his rizq. After the ending of his rizq, he leaves for the next life.

However rich you might be, however strong, you will benefit from your rizq only as much as what is allocated for you. You may not eat from your own efforts, [and] therefore [there is] no need to go through troubles for [your] rizq. Allah gives us our rizq. If there is something to worry about, it is your next life. Consider such things as, “Have I done a wrong, or something incomplete? Am I complete? Have I done anything wrong towards another person or damaged something?” Worrying about other things does not help, since worldly worries are endless. When the worry is for the Next Life, it becomes a means for [obtaining] Allah’s forgiveness. May Allah give us all a good life and death!

May all of us have a good life in the Next World, insha’Allah! May Allah have mercy on the dead!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

01 February 2019 /26 Jumādā-’l-Ūlā 1440, Akbaba Dergah, Morning prayer

# GREEDINESS

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

People are greedy. Because of their greed, they are in loss most of the time. Ṭamah means having hungry eyes. Greed is like a bait, and it deceives them the most. In a typical case, someone exaggerates something to make it look a hundred times bigger, then says he wants to give it to you. You become deceived by him and accept the offer, but in the end you find nothing to it at all.

We hear that some people sell the same flat to ten different people for a so-called “cheap” price. Those people jumped on the property thinking it was a bargain, but in the end none [actually] gets the property. Greed for the property of this world is a loss. You should show tamah for the next world—that is the true place, the real. Allah ‘azza wa jalla gives ten for your one, or [even] hundred or a thousand. His property is large, [and] no matter how much He gives nothing affects Him. The lowest one of paradise will be given a property as large as this world. Even for the one who spends a long time in hell, and [then] finally after being forgiven, enters paradise, [even for him] this world is going to be little compared with what will be given to him.

We mean that your ambition should be towards next world. Greed should not be for this world. It is necessary to think whether what you are doing is right. Being deceived is not a good thing, because you also lose your children’s and family’s rizq, but do as much as you can for the Akhirah. Whether you do good deeds or worship. Allah gives for one thing you do ten times, Allah ‘azza wa jalla gives out of His generosity. No need to worry for the sake of this world. It is necessary to work for the Akhirah, inshaAllah. May Allah help us to have this [good] greed for the Akhirah. This world is trash; may Allah help us not to look at it, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet’Adil

02 February 2019/27 Jumādā-’IŪlā 1440, Akbaba Dergah, Morning prayer

# TOLERATING DIFFICULTIES

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

The one who suffered the most is our Prophet (SAW). All the prophets indeed suffered but our Prophet (SAW) says, “I suffered the most.” So when we have difficulties, our difficulties are not really so bad. They made our Prophet (SAW) suffer a lot, but the highest level in the sight of Allah is our Prophet’s (SAW).

Because these are the End Days, everyone around the world is suffering. The more they forget Allah, the more they suffer in hopelessness. Those who are with Allah should remember the suffering of the Prophet (SAW) and be able to say our troubles are nothing so that suffering is not endured in vain—Allah rewards it. Prophets’ suffering ranks higher than that of the companions of prophets, then comes that of the Friends of Allah (awliya’) which is according to their own levels. Their endurance is stronger than ours. Allah created mankind. He knows their strength of endurance. People get fed up, but there are plenty of blessings which they are blinded towards. They do not show gratitude for these provisions (ni’māt). The only things they remember are the troubles. When they dwell on the troubles, the good taste of every other thing diminishes, [and] becomes meaningless to them. Instead, we should think of the Next Life and ask, “Have we done right or wrong? Are we able to do our duties?” And then we should try to complete those duties.

Allah completes this world’s work. Whether you make yourself suffer over it, or are upset about it, has no effect. As long as Allah does not approve of them, worries and anxieties are useless, but when we endure things for the sake of Allah, this act [itself] becomes a good deed. In the Next Life a person will [even] wish that he had gone through more suffering. What is this that earns so much reward?” they will say. “Life on earth was already short.” However then is already too late. May Allah be our helper, insha’Allah. May our heart be with Him, insha’Allah. Whatever troubles there are, may they be for His sake, for the sake of Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

03 February 2019 /28 Jumādā-’l-Ūlā 1440, Akbaba Dergah, Morning prayer



# THE BARAKA OF THE BASMALAH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Allah ‘azza wa jalla’s first order to the Prophet (SAW) was, “Iqra!” which means, “Read!” “Read in the name of Allah,” it says. Reading without this recitation is useless. There is baraka in things that are read in the name of Allah, and they bring benefit. It is necessary to start everything with the recitation of, “In the name of Allah.” When we start with the name of Allah, “Bismi ‘Llāhi r-Raḥmāni r-Raḥīm,” the thing you do becomes the means for something good. You start walking with the Basmalah, before you eat or drink also you say the Basmalah. When you start in the name of Allah, the ordinary food you eat turns into goodness, or an ordinary drink benefits you. It benefits both your body and spirit. Otherwise, it would not benefit you and instead would harm.

There is a story, a true story. In the past, there existed people very big and tall. One of them was a survivor after a flood and he was quite big—Allah knows how tall he was. Plenty of food was not enough for him. This is a story from Noah’s (AS) time. He would try to get everyone’s food wherever he went, but still would not feel full. Noah (AS) said to him, “Let me give you something you will be full with.” He said, “All right, give it.” Noah (AS) offered him a few crumbs of bread, and asked him to eat them after saying, “Bismi ‘Llāhi r-Raḥmāni r-Raḥīm.” The man replied, “No, I won’t say it.” This is because he was a non-believer. Noah (AS) said, “Say it, go ahead, you will be full.” The man insisted, “No, I won’t say it.” The more Noah (AS) insisted, the more he refused. [In the end,] Noah (AS) tricked him by asking, “What was the thing you were not going to say?” And [so] the man said, “‘Bismi ‘Llāhi r-Raḥmāni r-Raḥīm’ is what I will not say.” “Now done! Eat them!” said Noah (AS). The man ate the first crumb and the next, but could not eat the third, because he was full! And he said that he could not put another crumb in to his mouth. Later the man got angry and said, “You did black magic on me!” and ran away.

People now are greedy. They remember nothing about Basmalah, then greediness peaks. If we start everything with Basmalah, it will be full of baraka, beneficial. It will be enough for us and for others. This is the greatest provision. Basmalah was given to the Prophet (SAW), [and] he passed it onto his people. May the baraka of Basmalah be upon us, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

04 February 2019 /29 Jumādā-’l-Ūlā 1440, Akbaba Dergah, Morning prayer

# THE WISDOM IN FOLLOWING THE SUNNAH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-raġīm.

Following the Sunnah of the Prophet (SAW) is good and is a good deed for us. The Prophet (SAW) said, “Whoever fulfills my Sunnah in the End Days, Allah gives him the reward (thawāb) of a hundred martyrs.” To be a martyr is not an easy thing. The Prophet (SAW) said, “A hundred martyrs’ deeds are given.” What is the Sunnah of our Prophet (SAW)? It is what he did, whatever he did, to do that. It is the way he behaved. Not to act as other people do, but how the Prophet (SAW) did, for example, eating with the right hand, to enter mosques with the right foot, to exit mosques with the left foot first. It is all about doing what he did while eating, drinking, during a journey, etc. If we keep following the Prophet’s (SAW) Sunnah, it will turn into a habit. Allah rewards us for following and fulfilling them consistently.

Their benefits are many, too. As well as receiving spiritual benefits, you also receive benefits in this world, as your deeds and affairs go more easily, [such as] whatever you eat or drink becomes healthy for you. If you have a journey to make, it too goes easy and benefits you. This is the reward of the Prophet (SAW). Following his Sunnah is as beneficial in the material world as in the spiritual. Do not waste food—this is the order of the Prophet (SAW). Leave the table before you are full. Do not eat until you are stuffed. If there are crumbs leftover, take them. Do not leave anything on your plate. The Prophet (SAW) showed the best way in everything. Also what he (SAW) advised is Sunnah. May Allah have us fulfill these acts successfully.

Of course, the Prophet (SAW) has thousands of sunnahs. We are to do as much as we know. Doing what we know is sufficient for us, too. May Allah accept them, and make us successful in them. May Allah ‘azza wa jalla have us follow the Sunnah of the Prophet (SAW), insha’Allah. May we receive his intercession! Those who follow his Sunnah do receive his intercession, insha’Allah.\*

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

14 February 2019 /09 Jumādā-’l-Akhir 1440, Akbaba Dergah, Morning prayer

# TO BE THANKFUL

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

It is necessary to give thanks for Allah’s provisions. Allah jalla jalālahu provided us with so much, but mankind does not know value of His provision. They will not know, until something happens to them. Then one knows the value. After losing one’s health, after being ill, then one knows its value. He knows the value of his youth, when he is old. A person knows the value of many things, after he loses them. That is why one should have gratitude.

It is said that the human body has 365 components. One should give sadaqah for every part. This is called gratitude. If one cannot afford to give charity, then one should pray two rakats of salah. This also is counted as charity. In the time of the Prophet (SAW), there were periods of financial difficulty. When his companions said they could not give charity, the Prophet (SAW) said, “Just removing a stone from the road is a charity.” It is a charity—just a small good deed! If you perform two rakats of salah, that means that you have fulfilled this duty. Being thankful [both] increases [one’s] provisions, and one [thereby] performs one’s duty towards Allah. Even a little thing! Allah does not need it, but you happen in this way to remember Him out of respect.

These people do not open their mouth for good. You ask them, “How are you?” and they reply, “Wa’Llahi, the situation is bad. This is this way, that is that way...” But look at yourself! You are standing up on your feet, strong. Thank Allah you are not suffering hunger, not thirsty, [and that] you get by each day. Instead of being thankful, one complains. To complain is not a good thing. One must show gratitude. [Even] one’s whole life would not be long enough to show [sufficient] gratitude for one of Allah’s provisions. As there are thousands of them, we need to remain in a state of gratitude. This is the way to show respect, and it is a duty. By “respect” is meant “duty”. Such gratefulness is beneficial to oneself and others, insha’Allah. May it be beneficial for our land and for Islam, insha’Allah. May Allah have Muslims show gratitude.

If they do so, they do good for themselves. If not, and they complain instead, it is useless. May Allah give us plentifully and bless us! May He give us peace and security! May He may protect us from Satan and these Satan-like people, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
15 February 2019 /10 Jumādā-’l-Akhir 1440, Akbaba Dergah, Morning prayer

# THE DOOR OF KHAYR

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

The Prophet (SAW) recited a prayerr:

“Allahumma, lā taj‘al ad-dunyā akbara hamminā wa lā mablagha ‘ilminā.” “O Allah, let not the world be our only concern,” he said. This is a prayerr. Let us not live for this world: the life in world is just means to do good. Do not run after it! Do not have it as your target or purpose.

Have the pleasure of Allah, the pleasure of the Prophet (SAW), as your aim. If you do good, hajj, zakat, etc. as a means of goodness, it is better for you. If not, and if instead you run after this world, there is no point—the world runs away from you! If otherwise, then Allah makes the world run after you. Everything takes place as Allah wants. You may ask for this world as much as you wish, [but] as long as Allah does not want it so, there is no use in your asking. Therefore, do not do things for this world, but for Allah. When the door is opened for you, do not pass it up. It is good. It is from Allah. Leave this world and be not in need of it. When Allah ‘azza wa jalla opens a door for you, go through it. Make the most of that door: it is a provision from Allah. Do not forget Allah. Do not forget His rights. Do not forget the path of the Prophet (SAW).

Some people say; “No, we do not want anything,” [but] then they run after this world, [and] the world runs away from them. Right from the beginning, let your intention be to earn the pleasure of Allah, not this world. This is important, [but] people do not realize this. This world and the next one complete each other. When you have worldly things, you are able to help people more —just let your intention be to do so for Allah’spleasure. May we also be granted such opportunities. Without being in need of anyone, may the door of the pleasure of Allah be open to us, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

16 February 2019 /11 Jumādā-’l-Akhir 1440, Akbaba Dergah, Morning prayer

# AŞ-ŞABŪR

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

There is a great reward for those who memorize and recite the 99 names of Allah. There is a great benefit and wisdom in it. Allah’s names manifest at all times. Now it is the name As-Şabūr (The Patient One) who is manifesting itself, [and] which divine name means “the One who is extremely patient”. No other generation of the past was in such severe rebellion, denial of the truth, [and] committing such a degree of sins. Since the time of Adam (AS) there has been no era as bad as this one.

Had it been another era, Allah ‘azza wa jalla would have destroyed it. But As-Şabūr, due to [Allah’s] extreme patience [manifested in this Name] people are still safe. Without this, Allah ‘azza wa jalla would have destroyed them. As-Şabūr is His last name. After this is the End. After this people will give their account. This is the time of [spiritual] commerce. The more difficult it is, the more profit there is. People are in forgetfulness of Allah; they follow their ego, desires. Those who do not repent will be destroyed.

Of course, the majority of people are in this state. Those who are protected are in the minority, but they are the successful ones. May Allah protect all of us! May we pass these bad days in safety, insha’Allah. May we be the servants whom Allah protects. These lands are the lands of Islam. May Allah help Muslim children! May He protect them from these evil ones, insha’Allah!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Suḥbah of Shaykh Muḥammad Mehmet ‘Adil

17 February 2019 /12 Jumādā-’l-Akhir 1440, Akbaba Dergah, Morning prayer

# LOVING THE PROPHET (SAW)

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

For a Muslim the most important thing is to believe in Allah, loving Him the most and loving His Messenger, our Prophet (SAW). This is an obligation upon us. To have reverence for the Prophet (SAW) must be our aim. Therefore, the Prophet (SAW) asks us to increase [our] supplication (ṣalawāt) [upon him].

When we recite salawat, the Prophet (SAW) accepts it as we say it. There can be nothing more beautiful than this. Sometimes you give salam to people who are walking on the streets, and they may not return your salam, making you upset. With the Prophet (SAW) there is no such thing—as soon as you recite salawat for him he says he returns it back to you. He says, “I hear and accept it.” Reciting salawat for the Prophet (SAW) is, therefore, a blessing for us and beauty.

One who does not respect him, love him, is a shaytan. No matter how many times a day he does salah, worship, or whatever, as long as he holds no love, whatever he does is not accepted. That person is unfortunate. Those who love him are those who are saved. They are saved, [but] for the others it is hard. Because Shaytan has put a lot of his fitna amongst Muslims, whoever is on the path of the Prophet (SAW) are said to be on the wrong path. One would have thought it impossible for it to have reached such an extent. While there is a lot going on in this world, a lot of sin being committed, they are annoyed at Muslims, [and] on top of everything they are annoyed by those who love the Prophet (SAW).

They are off the path, [and] as long as they do not come to the path their situation is dangerous. May Allah protect them from leaving the world as non-believers at their last minute, because they are following Shaytan, [and] Shaytan can make them the people of hell easily during their last breath. Our salvation, therefore, is in the respecting the Prophet (SAW), in the recitation of salawat, in loving Him. May Allah have us as one of his companions. May he (SAW) also love us! May we love him always and forever, insha’Allah!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

19 February 2019 /14 Jumādā-’l-Akhir 1440, Akbaba Dergah, Morning prayer



# THE OUTWARDLY APPARENT

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Allah ‘azza wa jalla created mankind noble. Given these attributes, it is necessary to show respect to people so that they might come to the path of Allah. When one comes to the path, [then] becomes possible for him to be perfected. Everyone has a path, a way that he approaches things, a way he speaks. Everyone has his own style, [and] accordingly they can be approached.

After seeing a turban and the jubba, some people, not just not speaking, may even run away from you. Or it might be that there are others who are dressed like themselves, [and] when these people approach them, they begin to speak to them gradually. By understanding through such means, they come to the path, [and] it then becomes beneficial both to themselves and to the one who brought the message. Therefore occasionally when some situations happen, people without knowledge ask, “How does this happen?” They disagree. The purpose in the matter is not what [particular article of clothing] is [put] over us, but that such might be a means to reach everyone. His clothing may not match the sunnah, he might dress ordinarily, but he might be more beneficial than the one who dresses in sunnah clothing, if others run away from him.

We need to approach things with knowledge. One should not judge others by their appearance and say, “This one is useless.” Looking at the appearance only, and being deceived by it, comes from not having knowledge. One must take everyone as better than oneself. You must thank Allah that others are capable of doing what you are not capable of, because envy is not accepted. On the contrary, the more service there is for Allah and the more service for the Prophet (SAW), the better it is for us all. It is necessary to love him, [and then] Allah rewards that person too, [but] if you envy, you become like Shaytan. “I am better than he is.” “I dress better.” “I perform more prayers...”—Allah knows who performs more or not. Secrets are known by Allah ‘azza wa jalla, so consider others as better than yourself.

One must say, “If Allah had not granted me His help, I would have not dressed as He had wished. This is the favor of Allah, not my will. If it had not been His will, I could not do it on my own.” So do not attempt to criticize people. The Prophet (SAW) said, “If you criticize someone and shame him, the same thing happens to you.” May Allah protect us! May Allah guide us all. May the people of Muhammad be on the right path! May Allah protect them, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

21 February 2019 /16 Jumādā-l-Akhir 1440, Akbaba Dergah, Morning prayer

# THE FELLOWSHIP OF ALLAH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Allah ‘azza wa jalla says, “Kullu ḥizbin bimā ladayhim fariḥūn” (Qur’ān 30:32). “Everyone is happy with his community.” He thinks the other party is in error, [but that] his is right. This is a difficult thing. Thanks be to Allah that Allah Almighty created us within His fellowship (jam’a), that he destined us to be in His fellowship. Otherwise, everyone is happy with his own opinion. It is the same, whether amongst the Muslims or the non-Muslims. They think they do a good job, [and] are pleased with what they do. In fact, what they do is not for their goodness, but is harmful to themselves, but they are not aware of this, [and instead] they are pleased and satisfied. What do they say? So and so is doing something stupid. Not anything serious, just something stupid.

Doing things that are so mixed up in the end has no benefit. They say they are on the [right] path, but their “happiness” is nothing. There is nothing to be “happy” about except sadness and suffering. We need to thank Allah for putting us on His path. He destined us this path. He also destined us to be in His fellowship. This is a great favor, a great blessing. Everything is in the hand of Allah. If Allah wished so, He would have created us like them, however He favored us. Thousands of thanks be to Allah! This is why, continuously, we need to repent and to thank Allah day and night. We need to be in the state of thankfulness always, for there is no greater favor than this.

It is a test from Allah—everything is a test. As you pass these tests, you reach higher stations. The more you show patience, the more you earn the rewards of a good deed. Everything is being recorded in your account. Your book will be full of notations. May your account be full of good deeds! May you have your good deeds, and win your place in the Next Life! May Allah have us all stand firm on this path, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
22 February 2019 /17 Jumādā-l-Akhir 1440, Akbaba Dergah, Morning prayer

# WISDOM

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raḥmāni r-Raḥīm:

“Ḥikmata faqad ūtiya khayran kathīrā” Ṣadaqa Llāhu l-‘aẓīm” (Qur’ān 2:269). Allah ‘azza wa jalla says, “Those who are given wisdom have received much khayr.”

What is wisdom? There is wisdom in everything. A man might memorize the Quran, hadith, knowledge, but without wisdom sometimes it may do more harm, because without seeing the wisdom in a particular thing, he judges it [merely] according to how he views it. He does not know what to say when and where, with whom to speak, [or] the need of the man who comes to him.

Wisdom knows all—the way, adab, people’s need. Such is the one who has wisdom. This is why out of a thousand, out of a hundred thousand people, they stand out. People incline towards them, they follow them. But those whose purpose is this world cannot digest this. They feel envious. No matter what they do, it is in vain. They will have to learn from a wise man, if they are to receive any benefit. Nothing can proceed by means envy. May Allah grant us wisdom, insha’Allah! May we be the possessors of wisdom, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

23 February 2019 /18 Jumādā’l-Akhir 1440, Akbaba Dergah, Morning prayer

# TO BE READY

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

A man is not able to guarantee his next minute. Whatever Allah says...happens. Therefore, one should be always be prepared. One must be purified to find Allah, so that one does not remain in a forgetful state. Out of “forgetfulness”, one might encroach upon another’s right. Everything will be clear [on the Last Day], [and] if one encroaches upon someone else’s rights, his situations will be difficult.

If he is one of those who have fulfilled the orders of Allah, then he is beautifully ready. If Allah wills, He may grant him a hundred years, eighty years, ninety years [of life] [but] man cannot guarantee anything. There are some disbelievers who say, “I will live for such-and-such a time and do such-and-such things...”—such a man is making himself suffer, and at the end of it all, he is not able to stay alive any longer than the time Allah has destined for him. He thinks he is clever. They do not believe Allah, then they suffer and are ruined. He will also suffer in next life.

Let the non-believer hold this world as much as he likes, let him own the world, there is no benefit. One of the non-believers said he would live for a hundred, two hundred years. He suffered so much by going through operations and many other things. But in vain. He did not survive one minute more than what Allah had destined for him. [Yet] even if he had lived a thousand year, he was going to leave this world [sooner or later], a thousand year does not matter much.

A Muslim, the one who believes in Allah, even if he is the poorest, if he comes before Allah as a clean person he is a gainer. He is better than the other man a hundred thousand times, not even that only, but millions of times, because he has met Allah, his Allah. The other met hell. Our aim is to be ready. This way our hearts are going to be at ease. Whenever Allah wants he takes [the soul] away, [so] we need to be ready at any time. To be succinct: this is all it is about. Just as a soldier is ready at any time, we as the servants of Allah need to be ready, so that we are not ashamed of ourselves in front of Allah.

Allah created us for this purpose. In fact it is not difficult, but people make it look difficult. What is difficult is to go against Allah! That is difficult, bad, and its end is unfortunate. May Allah protect us! May Allah make our faith stronger!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

26 February 2019 /21 Jumādā-’l-Akhir 1440, Akbaba Dergah, Morning prayer

# DO NOT BE ASHAMED OF YOUR PATH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

It is a beautiful thing to be on the path of Allah. It is a beautiful thing, but Shaytan does not make it appear to be beautiful. Most people get deceived and go down to this bad path.

Bismi Llāhi r-Raḥmāni r-Raḥīm:

“Wa ‘in tuṭi’ akthara man fī ‘l-arḍi yuḍillūka ‘an sabīli ‘Llah” (Qur’ān 6:116). “If you follow the majority you will be diverted from your path, the path of Allah.”

Allah ‘azza wa jalla says this in the Holy Quran, so just because the majority likes something does not mean anything if it is not on the path of Allah instead, it harms us. The beneficial thing is, even if there are few people whom Allah loves, as long as they are on the right path, being with them is a salvation. Otherwise there is a destruction; it is bad. Some people, though having their hearts on this path, are ashamed (or shy) to say they are on this path. No need to be ashamed (or shy). The one who should be ashamed is the one who does bad, who is outside the order of Allah.

Bismi Llāhi r-Raḥmāni r-Raḥīm: “Inna Llaha ya’muru bi-l-‘adli wa l-iḥsāni wa ṭā’i dhī l-qurbā” (Qur’ān 16:90) Allah ‘azza wa jalla says: “Allah orders goodness, generosity, helping relatives.” What about others? The others order evil, they do not desire other people to benefit. That is why they do not follow the right path, considering it to be shameful. A thing to be ashamed of, as we said, is being one of those outside of Allah’s orders. Stealing, committing adultery, drinking, doing drugs, being bad towards others, not praying, these are all things to be ashamed of.

A man who is straight and right does not need to be ashamed. He should not be embarrassed. He is right, others wrong. So if Allah has given this beautiful thing to people, they need to thank Allah and not be ashamed of it. Though it is a good thing to be ashamed (or shy), yet he says, “Lā ḥayā’a fī d-dīn”, there is no shyness on the path of religion. You are to do and say whatever is necessary. May Allah grant us to be on this right path and to know the value of this path, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

27 February 2019 /22 Jumādā-’l-Akhir 1440, Akbaba Dergah, Morning prayer

# THE KNOWERS AND THE IGNORANT

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Allah ‘azza wa jalla says, “Wa ḥamalahā l-insānu innahu kāna ḡalūman jahūlan,” (Qur’ān 33:72). “A man is a tyrant and ignorant,” He says. Why does He say this? Because the greatest tyranny is from those who do not believe in Allah; they are the tyrants. The ignorant are those who do not acknowledge the greatness of Allah.

Today, they assume they know it all. They say there is technology, or say this or that, what it is, how it is done. They say they know it all. They say they are doing research. They say it in such a way, as if that we will soon know it all. In fact, what they describe as knowledge is very small compared to Allah’s knowledge.

“Wa mā ūtītum minā l-‘ilmi illā ḡalīlan,” (Qur’ān 17:85). Allah says, “I did not give you (pl.) of knowledge except a little.” The power and the knowledge of Allah cannot be measured or fit into any border. The real knowers know that their knowledge is nil. However, those who are not knowers, who read a few things but remain ignorant, they think they are something, [and] then their ignorance increases. The one who does not recognize Allah, the one who does not believe in Allah’s power, is an ignorant man. He is as if he has learned nothing. Others know only as much as Allah wishes them to know.

[And] that too is only to the degree we can carry. The knowledge we can carry is not even as the size of a drop. Even were it not only as big as the world but as the universe, what would then be known is [still] not as big as a drop. Therefore knowers (or “scholars”) are witnessing Allah’s greatness and Allah’s power. The real knowers acknowledge their weakness. Only a small bit of knowledge is given. They are the knowers, while others are the ignorant who are increasing in their ignorance. May Allah protect us! May Allah have us submit to His greatness, insha’Allah! May His blessings be upon us, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḡah

Ṣuḡbah of Shaykh Muḡammad Mehmet ‘Adil

28 February 2019 /23 Jumādā-’l-Akhir 1440, Akbaba Dergah, Morning prayer



# THE PATH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Our tariqa is a blessed one. Whoever has been initiated into it reaches bliss by Allah’s permission. This is the path of Allah and His Prophet (SAW). Not everyone may give value to it, perceive its significance, and most may not be destined to it. Allah has shown the path to some people and has destined them to be on the path, but this path is the path of testing.

Every type of test comes up. Some might directly bother you, [or] some test might come straight from those who are with you. To say, “I am better,” or “You are better,” is wrong. In fact, this is the path of the erasure of self, of egocentrism, of wiping out bad habits, of training. This path is to assimilate the Prophet (SAW). The Prophet (SAW) says, “Muslims are brothers.” Those who are in the tariqa need to take more care of brotherhood. They are ordered to love each other. This is an order, of course, not a wish. There are orders for one who is a Muslim, so that one’s Muslimness will increase, so that one’s faith will increase. It is necessary for him to hold onto these orders tighter. He should not do evil. If they come to the path, they ask, “When will the ability of unveiling be opened to us so that our stage will be elevated?”

If you are approaching the path from this angle, do not come close, do not enter the path! This is not a school such that you may copy from another in order to be promoted. There is nothing like that here. When you come here, you will submit. Whether you have gone up and up or not is none of your business. Your mission is to be righteous and to do what you are ordered. This is your duty. When you are bothered about whether you are advancing or not, Shaytan is constantly giving you waswasa. He does this to make sure that what you do goes in vain.

Tariqa is a beautiful thing, but it contains many tests. May Allah protect us during these tests! May we not obey our ego, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

01 March 2019 /24 Jumādā’l-Akhir 1440, Akbaba Dergah, Morning prayer

# JUDGMENT DAY

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

The Prophet (SAW) says, “Help your brother whether he is an oppressor or oppressed.” Because the Companions (RA) knew the Prophet’s (SAW) justice, they asked, “We understand that we need to help those who are oppressed, but how do we help an oppressor?” You help someone oppressed, but an oppressor is helped by telling him that what he does is wrong, by asking him to give up this oppression, because an oppressor harms himself by his own action.

The rights that are not received in this life will be received in the Next. A man who thinks, “I oppressed this person, [but] he now is dead and gone. I got rid of him,” is a stupid man. In Next Life the oppressed will receive justice, so a man is wrong who thinks himself a gainer after oppressing someone. He oppressed himself rather than the other. He did the evil to himself, not the other. He may have committed the act only once, but certainly his punishment will be given a million times.

May Allah protect us from oppressing others or violating the rights of others. The Prophet (SAW) says in a hadith, “Leave people to themselves. All creation will be raised up on the Day of Judgment. If a sheep with horns hit the one without horns, the one without horns will be given horns and allowed to hit its oppressor. By this will he take his rights. All this means that nothing unaccounted for, such as things one has done to others. One certainly must request, “Hak helal.” [This is a phrase that Turkish Muslims use to ask someone whom they have wronged, or think they might have wronged, to forgive them and not hold the sin against them on Judgment Day.]

Allah forgives [infringements against] His own rights, but it can only be the person whose rights have been infringed against who forgives his infringer. On the Day of Judgment, as we said, even animals will ask for their rights, [though] later they are asked to turn into soil, and no one will then remain but the people gathered together. They too will give their account, [and then] either go to heaven or hell forever.

A Muslim or any other believer in Allah, who has violated rights will receive their punishment and then go to heaven. Insha’Allah, we will not take a step into hell. Let us not oppress anyone, insha’Allah! Oppressors will certainly give an account. May Allah protect us.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

02 March 2019 /25 Jumādā-l-Akhir 1440, Akbaba Dergah, Morning prayer

# INTERFERING IN THE BUSINESS OF OTHERS

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Bismi Llāhi r-Raḥmāni r-Raḥīm:

“Ya ayyuh l-ladhīna āmanū in jā’akum fāsiqum bi-nabā’in fatabayyanū an tuṣībū qawmam bijahālatin fatuṣbiḥū ‘alā mā fa’altum nādimīn” (Qur’ān 49:6) If when you hear something, you act by the influence of that person and hurt people, then you will regret it, seeing that the truth is not like that.

People interfere with each other by saying things such as that this man should have done it like this..., [or that] it should have been done like that, [or] those who are governing the country should do it like this, [and] if they do it this way, the other side will be wrong, or vice versa. In every affair we give the same example, if Allah has appointed a man for a certain place, if He helps him, everything will fall into place, [and] without striking against another, his affair will go smoothly.

Therefore, Allah has given everyone his own duty, has shown him the path. His path it that way, [but] you are a plumber. Take care of your own business—it too is an important job. You are a plumber, and you are not taking care of your own business, [but] instead bother over this or that person’s business, [so] then pipes burst, water gushes out and ruins people’s homes, furniture, and floorings. [Because] while all this happens, you are busy with someone else’s business. You are an engineer, [yet are] not taking care of the machines, [but] instead are making judgments from where you are. If everyone would take care of his own business, everything would go well. However, no one minds his own business, but minds that of others and criticizes them.

Here it is: this is the disease called “democracy”. They are mixing up the minds of people, but Allah does what he knows is best for the one who helps Him. He makes him successful. So therefore to interfere with others is not good. One may say, “So-and-so does it this way,” or such, but to say, “Do this!” [or], “Do that!” is inappropriate. Everyone should take care of his own business. The one who is appointed will complain, or he will judge the matter, then will decide or will direct it. If things were done according to everyone’s opinion, nothing would go right. Most of the time it is such that when everyone speaks, things do not go right. This harms people, [and] he [the doer] does not receive any benefit, either.

Therefore, may Allah help us! A man might make a mistake, [but] Allah can also then forgive. May Allah forgive us all, insha’Allah! May He destine us walk on the straight path, not doing wrong to anyone, insha’Allah. It is necessary to walk on the path of Allah, because this is what is important. Allah is our Witness everywhere. He is with us everywhere. He sees us everywhere. There is no where to escape, so let us be careful and walk on the right path! Let us be beloved servants of Allah, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

03 March 2019 /26 Jumādā-l-Akhir 1440, Akbaba Dergah, Morning prayer

# STRENGTH OF FAITH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

The Prophet (SAW) is a beautiful example. To be on his path is fard and wajib for us. The man we love the most is the Prophet (SAW). “Whoever does not love me more than his mother, his father, himself, he does not have faith, meaning that he has not completed his faith. He is not a true believer (mu’min),” says the Prophet (SAW).

To be a mu’min is to be a servant of Allah, to be the person Allah loves. To be a wali of Allah. Wali means a friend of Allah. To be His friend means having complete faith in Him. Until one loves most the Prophet (SAW), his faith is not complete. Therefore, today they are making it look as if loving the Prophet (SAW) is a bad thing so people’s faith will weaken. Mostly those doing so are those assuming themselves to be scholars. They are not with good ones, but rather with the bad people harming Islam and Muslims. They do not like Islam. They say, “Islam has become old. We will make it new. We will reform it.” All these people are enemies of Allah and His Prophet (SAW).

Unfortunately, these universities and so-called “Imam Hatip” schools, though they were built to serve Islam, they are working to demolish it instead. They know that people come to them innocently. All those who study there apply to those schools for Allah’s sake, to serve Allah. They grab them en masse, and then impose on them every possible useless and bad idea.

Thanks be to Allah, most of these innocent people discard these ideas, but some reckon by what they are given, and this harms themselves and others. As we said before, faith is the most important thing. Having strong faith is the most important thing—more important than our jobs, more important than our studies (ilim). As we said there is only one way to strong faith, and that is to love and respect the Prophet (SAW), loving him more than anything else. May Allah increase that love in us, increase our faith, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

04 March 2019 /27 Jumādā’l-Akhir 1440, Akbaba Dergah, Morning prayer

# ABOUT DESTINY

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Mankind should accept that the good and the bad are from Allah, but whatever he does he does it to himself, which means that the good is given by Allah to him from his own doing, just as is the bad. Such a power Allah has! Allah ‘azza wa jalla does not oppress anyone. He is not unjust. Destiny is in the hand of Allah. It is a mysterious secret (sirr) of Allah. Allah’s knowledge is not a sea, not an ocean. The creation is not a small thing, but is Allah’s sirr.

Allah creates as He likes, certainly He does how He desires, or causes a man to do. For this reason, some people trying to understand destiny utter empty words. They do this to have people follow them. This is in the knowledge of Allah. There is a thing called “will”, “partial” and “complete” will. Allah ‘azza wa jalla does not oppress anyone. This is a sirr; it is something that our minds cannot perceive.

One says, “If Allah wants it, it will happen. I will not do this thing.” You are doing because Allah has given you a “partial will”, with which you may or may not do it. Therefore, we are obliged to go against our egos, against Shaytan, [and] of course to follow the orders of Allah. People say, “I want this thing so much, I will do it. Even if this is something bad, Allah seems to want us to do, so we will do it.” With these things people’s heads become mixed up. What you are ordered is to be on the right direction (istikamet). You will submit to Him, and will not bother about the other side of events.

So much is happening that people are not able to do anything. They, astaghfiru’Llah, find fault with Allah ‘azza wa jalla. This is a great disrespect and stupidity. This is what is ordered. If we are incapable of doing what is ordered, you [should] say, “We are not capable of following. We are sinful. We need to repent.” Such would be a good thing in the sight of Allah, a beautiful thing. To repent and to turn Allah is a good thing. May Allah forgive us! May Allah keep us on the straight path, insha’Allah. Let us be with the good ones, Insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
05 March 2019 /28 Jumādā-’l-Akhir 1440, Akbaba Dergah, Morning prayer

# THE PURPOSE OF THE TARIQAH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Our tariqah is to teach manners, [to teach us] to be better people, to come to appear as perfect and complete (kāmil). The one who comes to the tariqah, but does not want it for its real purpose, is there in vain. They come for a couple of days and say, “We saw this or that. We saw sahaba, the Holy Prophet (SAW), we talked to him, we went to the sheikh’s tomb, spoke to him...,” —competing with each other! These are not according to the duties of our tariqah, nor the orders of our tariqah, nothing like that. In fact such is an illness. It can be a mental illness or deception. No need to give [any] weight to this sort of people.

Our tariqah is open, [and] complies with sharia. It is to train one’s ego. It has nothing to do with the ego-centrism of one’s coming forth and claiming that he is this or that. Therefore, it is necessary to be careful about this! As soon as one takes a step into the tariqah, Shaytan knocks him to the ground, and has these people do what is not in the tariqah. This cannot be! Our tariqah is about manners! A shaykh does not dismiss anyone who comes, he welcomes all comers, says goodbye to those who leave. A shaykh does not dismiss anyone, but if you go elsewhere and then come back [back and forth], this is not acceptable. This is not such a place as you think. You send a message, you do this or that, another person does something... People have no idea of tariqah. They are making complaints to the government. They complain to the police. Ours is an affair of hearts. For whomever Allah sends, the door is open. If he does not like that time [with us], Allah sends him elsewhere.

Therefore it is necessary to be careful of this. And this is especially necessary for those who do not have knowledge of the tariqah. We have no time to answer the messages sent to us, [even though] this is not what everyone would prefer. They have to be careful about this. Anyone who does not like this, should go where his heart inclines. We do not dismiss anyone, but one should come only if one has an inclination towards us. If not, one should go. We are trying to say that wherever one’s heart is, one should go there. If with us, that is alright.

Tariqah is as the shaykh’s wants. You cannot tell the shaykh, “Do it this or that way!” So wherever one complains or does not like something, Allah will show a way for such a one to leave. During the lifetime of our Shaykh Baba (Q.S.), there were many people. Shaykh Baba told us all about it. Who it is or who it is not, the shaykh knows, but the shaykh is patient with them. He is patient out of necessity. Though it be harmful to others, the shaykh is patient, until such people move themselves away. Apparently, their job is to alienate people—that too is a duty. Those who are patient, stay; those who are not, leave. May Allah have us succeed in these tests, [and] have us not follow our ego.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

06 March 2019 /29 Jumādā-’l-Akhir 1440, Akbaba Dergah, Morning prayer

# DUTIES OF THE MONTH OF RAJAB

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Thanks be to Allah that reached these beautiful seasons. Tonight is the blessed Ragha'ib Night, insha'Allah. May it be khayr, may it be blessed for Muslims, insha'Allah. May it be a means to goodness, insha'Allah. Insha'Allah, these beautiful days will lighten the tyranny (zhulm) and bad days of the world by Allah's grace. Because this is the End Time, suffering is increasing day by day. But for those who are with Allah, suffering is lighter. It is helpful, [and] by the permission of Allah, it will not harm them. Its harm is to those who have no faith, mushriks, to those who go against Allah.

In these beautiful months, we acknowledged Allah with thanks. These are the months the Holy Prophet (SAW) loved. These months have barakah. He says, “Allahumma bārik lanā fī Rajab wa Sha‘bān wa ballighnā Ramaḍān.” “Allahumma bless Rajab and Shaban for us and have us reach Ramadan.” People were not able to fast for about 5 or 6 months, [though] some were fasting from time to time. Now those who want to fast are fasting in these 3 months. For those who cannot, if they wish to observe it, all may fast on Mondays and Thursdays and other sacred nights. Allah rewards them differently—Allah ‘azza wa jalla has different gifts. Gifts that are for this world and the Next.

So let us fast today and tomorrow. Also there are duties for the month of Rajab. During the first ten days, recite every day one hundred time, “Subḥana l-Ḥayyi l-Qayyūm.” The next ten days, one hundred times, “Subḥana l-Aḥadi ṣ-Ṣamad.” For the last ten days which come after the twentieth, “Subḥana Llāhi r-Ra‘uf.” This too, one hundred times a day. Sadaqa that is given on regular days bring ten times the reward, but on these months for one deed one hundred rewards or a thousand. Allah ‘azza wa jalla says about the month of Ramadan, “The account of it is with Me. There is no need [for Me] to inform anyone of it.”

We are approaching magnificent beauty, beautiful seasons. May they be khayr and blessed. May it bring Allah's help for Islam. May Muslims be protected, because the unbelievers are extremely astray, [and] they do not tolerate Muslims at all. They [almost] do not let them breathe. Insha'Allah, with the barakah of these months, what they do will stay ineffective, [and] whoever tries to do bad to others will have it turned against him. May Allah protect us from evil things, protect us from what is vile, insha'Allah. May these months be blessed. May our month of Rajab be blessed, and the three holy months. May Allah have us reach many more of these holy three months together with Mahdi (A.S.), insha'Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

07 March 2019 /30 Jumādā-l-Akhir 1440, Akbaba Dergah, Morning prayer

## TWO HOLY DAYS AT THE SAME TIME

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

May the holy month Rajab be blessed, khayr inshaAllah. Today is Friday. It is [both] the first of Rajab and the holy night Ragha'ib. Two holy days are occurring at the same time, the start of Rajab coinciding with the holy day Reghaib. Normally, Ragha'ib is on the first Friday of Rajab. Now, tonight is Friday, the first of Rajab and Regha'ib, the two feasts days are together, thanks be to Allah. Insha'Allah this will be a year of khayr.

Shaykh Efendi often used to say, "In the month of Rajab strange things may happen." InshaAllah, this month of Rajab will be khayr for the world of Islam, [and] be strange for the kuffar, because they are against Allah. The help of Allah is with the believers. There is a punishment for those who rebel against Allah. Bad things happen to them. Islam is in a wretched state, but everything is in the hands of Allah. In the end, those who believe in Allah and follow the holy Prophet (SAW) will reach safety. There is a punishment for those who are enemies of Allah, those who do not show respect towards the holy Prophet (SAW), those who do not understand his importance and value, as well as those who rebel against Allah.

Therefore we have no fear, thanks be to Allah. Every beauty is with us as long as we are with Allah. These beautiful months are for us—all the holy months and holy days, every other thing is worthless. Even if the whole world is yours and you go against Allah and are disrespectful towards the Prophet (SAW), then it has no benefit. You are servile, contemptible, worthless—you are nothing then. As soon as you close your eyes [i.e., die], they get rid of you. Now amongst those without faith, it has become a fashion, just like it is amongst the unbelievers, to burn the bodies before they go to hell—there is no respect. Therefore, those who have intelligence should come to these paths, have faith in Allah, have respect for the holy Prophet (SAW). May these months be blessed and be a means to khayr, inshaAllah. May they be punishment for the enemies.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

08 March 2019 /01 Rajab 1440, Akbaba Dergah, Morning prayer



# TO DO THINGS IN THE MOST BEAUTIFUL WAY

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

The holy Prophet (SAW) says, “When you do something, do it the best way, complete it; do it in the best way you can,” because Allah ‘azza wa jalla is “Aḥsan-ulKhāliqīn”. Allah created everything in the best way, has given everything to people in a best way.

People should do the same. If everyone does his best, where he lives becomes a better place, too. If you say, “I will not do it. Someone else should do it,” then it turns into trash, becomes useless. You must do worldly work well too, so Allah rewards you for it. This way you fulfill what Allah asks for. You will then be beneficial for other people, [and] also what you do will be beneficial for other living beings. “A good deed that has been done for this world is worldly. Let us not do this. This is not necessary.” [No,] when a chance is given, when something happens, you should do it in the best way [that you can]. For this world or for next world, you should do whatever you are capable of.

You can do things up to your limit. There might be others who can do better than you can, but your duty is to do your best according to your own ability. This way, as well as others feeling good, you feel good too. [This way,] you will not be in need of others. As we say, now people are used to being lazy. They expect others to do it all, [and] they find faults in others. There is no such thing [in Islam]. Allah ‘azza wa jalla has given hands, feet, [and] a head to all—let them think and act. Allah also taught everyone what he is capable of. Everyone has different capabilities. Everyone should do his best.

Allah sees it all, so you should say, “Allah sees it all. May Allah help us,” and [then] do what is necessary, then you will benefit in [both] material and spiritual ways. May Allah have people do this, because to do the opposite is to do what Shaytan wants. Shaytan does not like mankind; he thinks of their badness—may Allah protect us!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

09 March 2019 /02 Rajab 1440, Akbaba Dergah, Morning prayer

# FROM YOUR OWN HAND

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

A‘ūdhu biLlāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raḥmāni r-Raḥīm.

It is said, “Inna andharnākum adhāban qarīban yawma yanzuru l-mar’u mā qaddamat yadāhu wa yaqūlu l-kāfiru yā laytanī kuntu turāban” (Qur’ān 78:40) “We have surely warned you of a suffering coming soon, on a day when a man looks at what his hands have advanced, and the unbeliever says I wish I were dust.”

Allah ‘azza wa jalla says, “Whatever mankind suffers from he suffers because of his own wrong doing.” Allah ‘azza wa jalla on the Day of Reckoning looks at what you have done [during your life]. He looks at what you have done with your own hands, and the obfuscator (kāfir) will be saying, “I wish I had turned into earth and become annihilated,” because animals will turn into earth and be annihilated on the Day of Reckoning. Only mankind stays behind to give an account.

Before the time of resurrection mankind will suffer for what they have done to themselves, with their own hands. Some people will grumble, “Why does Allah do this to me? What was my fault? Why am I in this situation?” —all because of your own doing! You were not on the path of Allah, but on another path, then you ask why it happened this way? He then asks, “Why is Allah doing this to me?” You suffer from your own hands. Correct yourself first, then Allah will help you. Do not find fault with Allah!

Those kind of people find fault with everyone except themselves. No one helps him—as if all the difficulties fell upon him due to others, [and] he himself is perfect. In fact, all his doing is wrong right from the beginning. Later, he becomes sick or some other thing happens. What he does neither follows Islam nor mind. Ninety percent of people are on medication, either for some type of physical or mental illness. Things do not happen for no reason: certainly Allah allows such to happen as punishment. They should be grateful for this, [because it allows them to] serve their punishment here. They can then say that was an illness or something else and they served it here.

Nothing happens to those who are on the right path. Nothing happens to a man who is on the path Allah orders. Allah certainly helps him, [if something other happens to you, look for the fault in yourself and not in someone else. Allah will then correct your state. May Allah help us all, so that we do not follow our ego, so that we walk on the path of Allah. We will then be comfortable in life, live a life of peace, and we will also be comfortable in Next Life.

Related to this, they talk about so-called elections. They think we will correct it all by ourselves. No you cannot. Correct your ego first, then Allah will help you. Otherwise, your election has no use, [and is] worthless. You are not thinking of the Next Life. [And] because you think about nothing but your ego, nothing will be right. May Allah help us, so that we correct our ego! May we be with good people, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

10 March 2019 /03 Rajab 1440, Akbaba Dergah, Morning prayer

# THE FAVOR OF ALLAH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

One who is destined comes to the tariqa—thanks be to Allah. This is from the favor of Allah, blessing of Allah. Insha’Allah, Allah is rewarding those who come—He certainly is. Thanks be to Allah that those who come from all over the world to our dergah, to Cyprus, receive spiritual power (fayḍ) and go back. They go back happy inwardly as well as outwardly, insha’Allah. They attain the grace of Allah in the material and spiritual worlds, because their visit is for Allah. This is not for the world; it is something that is done for Allah.

The World is worthless. The Holy Prophet (SAW) did not come for this world. Allah ‘azza wa jalla said, “Had the world a value equal to a fly’s wing, I would not give a drop of water to disbelievers. The mountains complimented the Holy Prophet (SAW), “Let us be the gold under your foot,” but he disregarded their saying. Insha’Allah, that is our path; others benefit from it, insha’Allah. They are coming from far, far away. There are journeys that take a day or two. They come and go back pleased. They become means of guidance for others in their countries, insha’Allah. Dergahs are being built, and people come to the right path, insha’Allah. They reach felicity. They reach felicity [and] leave complaints. There cannot be any better provision than this. May Allah be pleased with those who come.

Abdulkarim effendi and his wife have been here for about a month. They are going to return their country today. They are quite good people, servings much; now they will serve even more, insha’Allah. We love each other for the sake of Allah. There is love between us for the sake of Allah. May it be more! May it spread around, insha’Allah! The whole world is profitless, [so] may it be for the sake of Allah, for the sake of the Holy Prophet (SAW), inshaAllah!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

12 March 2019 /05 Rajab 1440, Akbaba Dergah, Morning prayer

# DOING GOOD (KHAYR)

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

The Holy Prophet (SAW) says, “The best of you in the sight of Allah is the one who does good for people.” Doing good for people, guiding them to the right path, is to show them the path of Allah. There cannot be better good than this.

Otherwise, you do good, and people forget it in two minutes. There are other good deeds as well, such as helping with material needs. This is also good, but the most important good is to remind people of Allah, to remind them why they have come to this world. Man is more honorable than any other creature. Other creatures eat and drink, then what is their duty? To help people. Some are created to be food for people. Everything is created for people. To tell this to people, to keep them on the right path, is important.

The Holy Prophet (SAW) did the best of good to mankind. He brought them to the light, then their Next Life became prosperous. Not only their [earthly] life, but their Next Life, too, which is more important, [and] therefore, in the sight of Allah, the Holy Prophet (SAW) is the most good one. Let us take him as our example, and whatever we do, let us do it for the sake of Allah, insha’Allah. May Allah help us, let us do good (khayr), let us live in khayr, let us die in khayr.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuhbah of Shaykh Muḥammad Mehmet ‘Adil

13 March 2019 /06 Rajab 1440, Akbaba Dergah, Morning prayer

# RUN TO ALLAH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

For being on this path, because Allah put us on it, we should be really grateful. We should give thanks! Because we live in the End Days, people do not know what to do, to which direction to turn, [and] always there is suffering. Every country thinks it is the only one that suffers. They run around thinking that in another country they will be comfortable. Allah ‘azza wa jalla has shown the path already:

“Fafirrū ilā ‘Llāh,” it says, (Qur’ān 51:50). “So run to Allah,” there is neither need of drawing in water nor of being disgraced. If you turn towards Allah wherever you are, Allah will help you, [and] there will be no suffering. However, if you have hope in other people and places, [well, the other person] he too is like you, a person, [and] cannot help, except to cause suffering. Even if they promise, they do not keep it. You run to them, even though they do not promise. You bow down to them, become their slaves, then you do every kind of thing in order to be liked by them.

A man likes not another, but himself—he is submitted to his ego. So run to Allah; be with those who with Allah! Otherwise, your actions are worthless. This is what to do, but people cover their ears. They do what they desire and what their egos desire. They run to them, [yet] what they run to comes to naught. Let alone coming to naught, the end result is often bad! May Allah protect us! May Allah have us reach Him, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
14 March 2019/07 Rajab 1440, Akbaba Dergah, Morning prayer

# JOURNEY FOR ISLAM

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Speaking about traveling, the Prophet (SAW) said, “Sāfirū taṣuḥḥū wa tarzuqū.” One finds health and rizq in a journey. Our ikhwan are going to a place referred to as “Central Asia” to visit those blessed people. This is a journey made for the sake of Allah. To make a journey for the sake of Allah is a sunnah of the prophets (AS). All the prophets used to make journeys, during which they would advise people and promulgate the faith.

These people also are making a journey on the path of the Sunnah. May it be healthy for them and beneficial, and may they come into the view of these blessed awliya’. May the people of that country [also] come to greater faith, gain in faith and baraka from them, thanks be to Allah. That land has been within Dar ul-Islam right from the beginning of the spread of Islam. They are the servants of Islam. Insha’Allah, may it continue that way. They sacrifice their lives and properties for the path of Allah, [though] sometimes they mistakenly think that Arab is Islam. Yes, Islam is Arab, and it is not good not to like them, but these others have nothing to do with Arabs.

They mixed things up by thinking that they are to be followed by us. Our Prophet (SAW) is the sayyid of the Arabs: we will follow his path, not that of others. His path is clear. Central Asian scholars, imams, and people followed his (SAW) true path [and] always stayed on it. Without diverting from this path, they brought Islam to what it is today, [and] therefore, insha’Allah, once more they will turn back to this path. They have somewhat diverted today from the path by thinking differently. There is the real and the false. There is a real Arab and a false one: follow the true ones! May Allah help you to see what is right, to know the right, insha’Allah. Go in safety, and come back insha’Allah! May the journey be a means to good!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
15 March 2019 /08 Rajab 1440, Akbaba Dergah, Morning prayer

# CHARITY

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

The Holy Prophet (SAW) says:

“Bākirū bi-ş-şadaqāt!” He says, “Hurry up and give charity early!” Charity dismisses daily accidents, curses, and such other things. This is a matter most urgent to attend to. In our days, there are many calamities, afflictions, which means that we live in dangerous times.

Therefore the Holy Prophet (SAW), out of mercy, tells us how to protect ourselves. He says as a first thing, do not forget to give charity. Make a charity box at home, and put money into it early in the morning before you leave home.

Most of the time people say, “We give charity. We give this or that much...” It is a must to give everyday, and early in the day! Early in the day you cannot find anyone, who will you give it to? You will run out and look? No need to do this. Save your charity, put it into a box or set it aside, [and then] either give it the same day or after collecting it [for a while], but do not forget to give your charity!

Then as you leave your home recite Ayat ul-Kursi seven times. Insha’Allah, you and the household will be protected. It is not known what might happen. There are all kinds of danger. How are we going to protect ourselves? Here it is, easy to be protected. People cannot believe it, because of how easy it is! Our forefathers say, “His charity stood in front of him.” Such is said, but people do not believe it!

So charity is very important, [and] during our times even more important. Let us not forget this! May Allah protect us all! May Allah protect the people of Muhammed (SAW) from the evil of Shaytan, [and] from the afflictions and calamities of this world, too.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

16 March 2019 /09 Rajab 1440, Akbaba Dergah, Morning prayer

# LOFTINESS OF ALLAH AND NOCTURNAL WORSHIP

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

There is a hadith that says Allah ‘azza wa jalla descends to the heavens and looks to see whether there is anyone repenting, who is in need, whether there is anyone asking for rizq. [And] in His mind is [also] whatever else, such as forgiving people [or] offering them Paradise.

Of course, Allah ‘azza wa jalla is not within space, but this story is told as it is from His mercy. He in reality comes down to the heavens as a favor to people. Worship at night is more powerful than during the day, and it is more accepted. More difficult, but desirable. Of course, only if one worships—otherwise, people do all kinds of improper things [at night], and [then] come back home. They have more sins than good deeds. However, those who struggle against their ego and go against Shaytan attain the favor of Allah ‘azza wa jall.

For example, sometimes there are [some] hadiths and passages in the Quran that Allah ‘azza wa jalla asks us not to consider with our [earthly] minds. Some of those people who think themselves more Muslim than anyone else and call the others mushrik, slandering them as committing shirk, say that Allah ‘azza wa jalla directly comes down, sits on the Throne! [But] Allah ‘azza wa jalla has no likeness to us in this way! Our imagination cannot perceive such things. We need to be careful about this.

Of course, because people do not know, they do think about these things. There is no need to think. It is enough to think about His greatness, loftiness, and His creation. If one only looks at oneself, how he is made, he would be amazed. This indicates that there is no need for any other approach. Even this is so amazing that his mind cannot take it in!

Everything that Allah has made is excellent. Man cannot create [even] a little thing. All he can say is, “We copied this or that...” What they call a “copy” is itself already what Allah has created! They can make nothing out of nil. Allah’s greatness is limitless. We need to look at His favors, and not think of other things. We can barely do this. We must thank Him for all His favor! Limitless thanks be to Allah ‘azza wa jalla!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
17 March 2019 /10 Rajab 1440, Akbaba Dergah, Morning prayer



# REMEMBERING ALLAH

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

The Holy Prophet (SAW) says in a noble hadith, “The sign of love towards Allah is to remember Him.” This is to remember Allah at all times. This means to love Allah. To love Allah is to remember Him [dhikr], not [just] to mention His name. If you claim that you love Allah, perpetual remembrance is to remember Allah, with both tongue and heart.

Those who do not like Allah are disturbed by the mention of His name. They do not want this. What they do not want, harms them. Allah ‘azza wa jalla is not in need of them. Every grain is in need of Him. If someone is in need of another, he remembers him day and night and thinks about how to do things for him. You are in need of Allah ‘azza wa jalla, so we must remember Him every minute.

Be one of those who love Allah, not those who are enemies against Him. Those who love gain, those who are [His] enemies, lose. May Allah protect us! May Allah increase our love, inshaAllah! Let us be beloved servants of Allah!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

18 March 2019 /11 Rajab 1440, Akbaba Dergah, Morning prayer

# REGRET

As-Salāmu ‘alaykum wa raḥmatu Llāh.

The Prophet’s (SAW) prayerr:

“Allahumma alhamnā rushdanā wa thabbit khuṭānā.” May Allah show us the good, let us do good, because most often people do business while thinking it is good, but the end result happens to be bad, or they regret what they have done. In things permissible or impermissible, people may make mistakes.

They think they did it well, then later bewail, “Oh, no! Why have I done this?” They regret, and say, “We wish we had not done this!” There are some things, however, that are not to be mistaken. The Prophet (SAW) says, “When Allah wants something to happen, He takes person’s mind away, or the person does a thing that normally should not be done.” Later his mind comes back, and he wonders why he did that.

One must therefore always entreat Allah by saying, “Make us successful in doing good things! Protect us from making mistakes! Protect us from things we may regret! May we not come to regret!” You may regret worldly affairs, but affairs having to do with Next Life are difficult. Now we look around and see people commit sins in large groups; they make mistakes, but they do not care at all! They are the ones who will really experience regret, because if they do not repent, the consequences of their behavior will not be good. In worldly affairs problems occur, regrets happen, and yet they might somehow be repaired but the affairs of the Next Life must be dealt with carefully!

In order not to regret, people should repent for their mistakes, and turn away from them, while there is still time. Those mistakes pass, Allah ‘azza wa jalla forgives. May Allah protect us all from erring!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

19 March 2019 /12 Rajab 1440, Akbaba Dergah, Morning prayer

# GALLIPOLI VICTORY

As-Salāmu ‘alaykum wa raḥmatu Llāhi.

Good and evil never co-exist in peace. They are constantly at war, because they are opposites—bad cannot be good. It has been the same since Adam (AS), and will be the same until the Resurrection. Sometimes the good loses; later Allah helps and makes the bad lose.

Every March the story of Gallipoli is told. That too was a war between good and evil. Evil is the enemy of Allah. By Allah’s help, evil lost. During that war, hundreds of thousands of soldiers were martyred. May they be in paradise! Their intention was to earn Allah’s pleasure, to defend Islam. There were many awliya’ in that war. Our sheikh, Abdullah Daghistani (QS), was amongst the fighters. He went there as a volunteer soldier in place of his sheikh, Sharafuddin (QS).

During the time of the Ottomans, if a boy or a man was the only male in the house, he would not be allowed to join the army. Because he went in the place of his sheikh, he was accepted, otherwise he did not have to join. His sheikh had other duties. He was in a village. Through miracles, with the help of Allah, the strongest soldiers in the world were defeated. They thought they were going to pass and enter easily with their ships, and then take Istanbul. [But] with the help of Allah and the shaykhs, the awliya, they could not pass, and lost the war after being defeated.

Indeed, there were hundreds of thousands of martyrs. May Allah give them place in paradise! May Allah have mercy on them! Insha’Allah, this land, Anatolia, is the land of Islam. The head of Islam. This land that is washed with so much blood, has drunk so much blood, may it be victorious over evil ones until the last day, insha’Allah! May Allah also send the Owner of The Time (Ṣāhibu z-Zaman, Sayyiduna I-Mahdī (AS). May Ṣāhibu z-Zaman come, so that the world become Muslim, inṣa’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
20 March 2019 /13 Rajab 1440, Akbaba Dergah, Morning prayer

# CONSISTENCY

As-Salāmu ‘alaykum wa raḥmatu Llāh.

It is said that “ajallu l-karamāt, dawwāmu t-tawfiq.” The most splendid miracle is continual success. Not doing some good [deeds or practices] and then quitting them, but rather their continuity. This is an important point in a person’s life from every aspect. A man who is busy with the world’s affairs, or a man who also works for his Akhirah, are the same in this respect. Because in order to try to do more, one sometimes gets into [a quantity or type of] worship which he cannot sustain. He believes he can become a Wali’uLlah in a month, [but then] he finds himself tired, [and feeling that] he cannot reduce the amount, lets go of it totally. This ends up in vain. Do little, but do it for life—this is enough for you. You become the dear servant of Allah, His friend.

Worldly affairs are little different. Allah gives a man certain skill, and he inclines to utilize it more. It is from the wisdom of Allah that these cases are more in our Muslim countries, because Shaytan is not as busy with non-Muslims and disbelievers—he has already finished with them. One does a job just as one might have done it a hundred years ago. Our people build something good, and before a year or two pass, you notice many [customers, for example] run there, but then they tend to start cheating just to earn a few more pennies. Yet while they had hoped to earn a little more, they lose what was in their hand. They tumble over and lose it all.

In our countries, it is like this. Not only Turkey, but including Syria—wherever you look in the Islamic world, it is the same. This means they are defeated by Shaytan. They cannot hold the quality steady. They do this with food, drinks, clothing, everything. They say, “Let me earn just one or two more pennies!” And then people later cannot bear to come near them. This is why the saying that one should continue at a consistent level is a good saying. If you have implemented something at a low quality, continue; but if you began it at a high quality, do not lower it. There are buyers for low quality as well as for high quality, so do not reduce it, continue with the good quality if possible. Do not lower it. Keep looking for ways to better rather than lower it. If you are incapable of making it better, then continue on your current level.

This is the same in every case. The matter we talk about here is the same in politics or health. This is a golden rule for worldly life and spiritual life. If a man takes care of this, his Akhirah will be good, too. May Allah have us on the right path! To be on the right path is the most beneficial thing. May Allah guide people, give them intelligence! May they not harm themselves by their own actions.

Wa min Allāhi t-tawfiq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

21 March 2019 /14 Rajab 1440, Akbaba Dergah, Morning prayer

# AS MUCH AS WE ARE CAPABLE OF DOING

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Thanks be to Allah that our tariqah is the path of truth. Thanks be to Allah that our tariqah goes back to the Prophet (SAW). It comes from him (SAW). All our duty is in accordance with what the Prophet (SAW) did and his sunnah. Our daily awrad and wazifah are from those which the Prophet (SAW) did—his sunnah.

Some are sure (mu’akkad) sunnah, by “mu’akkad sunnah” we mean the things done [by him] always. Others maybe were done sometimes, and so they are not so much of a duty though as a tariqah, we need to practice the Prophet’s sunnah as much as we are capable. Those who practice his sunnah also receive his intercession (shafā’ah). Intercession is the most important thing.

The Prophet (SAW) says, “Niyyatu l-mu’mini khayrun min ‘amalihi.” “The intention of a mu’min is better than his doings.” Because we are incomplete beings, and so are not able to do things completely, as long as our intention is right, Allah accepts it.

“Yurīdu Llahu bikumu l-yusra, wal yurīdu bikumu l-‘usr” (Qur’ān 2:185). “Allah wants ease for you, and he does not want for you difficulty.” Do, therefore, as much as you are capable of. However you do it, just do it. Do not obsess about whether it was done well or not—such would mean you are suspicious of Allah, and that would be wrongful suspicion. Allah is merciful. Some people say, “We are reciting, but not properly. We are not able to recite exactly.” On whatever level you recite, as long as your intention is right, Allah accepts it. Let us be on the path of the sunnah, insha’Allah. Let us follow the Prophet’s (SAW) sunnah as much as we can. This is our intention—may Allah accept it.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
05 April 2019 /29 Rajab 1440, Akbaba Dergah, Morning prayer

# THE MONTH OF SHABAN

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Tonight the month of Rajab is ending. We are entering the the month of Sha‘ban, the month of the Prophet (SAW). This is the second holy month amongst the three. The second of the beautiful seasons. To manifest [Allah’s] respect for the Prophet (SAW), it is designated the month of the Prophet (SAW), and during this month Allah multiplies rewards 100 times for those who increase their worship during this time.

Showing respect to the Prophet (SAW) is something great; those who do not show respect are wrong and suffer loss. During this month it is necessary to do more salawat. We receive his intercession, insha’Allah. To love him is fard on us, necessary for us. Loving him is more necessary for us than food and drink.

Today people are forgetful—even those who are educated are becoming toys in the hands of Satan. The more they read, the more ignorant they become. It is not to do with reading more, [but rather that] to have a leader is necessary. There needs to be a path coming from the Prophet (SAW) in order for one to be saved. Most scholars, on the other hand, show pride, and they start thinking that they are better than others, whereas in fact a heart in which there is love for the Prophet (SAW) is better off and closer to Allah, even if without knowledge.

Reading without having an increased love for the Prophet (SAW) is useless. Also, not everything should be read! If you read a book written by someone without sincerity (ikhlaṣ), it will not benefit you, but will instead harm you. May Allah protect us! Today in the End Times most people write to be famous rather than to serve in ikhlaṣ. Therefore, let’s venerate this month. For the sake of this month, may Allah have us reach true faith. May our hearts be filled with love for the Prophet (SAW), insha’Allah. That love saves us. That love leads to love of Allah. May Allah make this month blessed (mubarak). May this month be full of khayr, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

06 April 2019 /01 Sha‘ban 1440, Akbaba Dergah, Morning prayer

# TRAVELING

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Traveling is done for the sake of Allah. It is a sunnah of the Prophet (SAW). To travel for Allah’s sake is a great thawāb and a virtue. The Prophet (SAW) says, “When a person sets out to travel, he should follow the Prophet and make his niyyat. As he is performing a sunnah, Allah rewards his every step, his station will be raised, and his sins Forgiven.”

Traveling was not easy in the past either. Now it seems easy, but it is that if Allah helps, it becomes easy. Let us do everything for the sake of Allah, insha’Allah. To us and to others, benefit comes from whatever Allah is pleased with. Sometimes that happens to be a meeting where people receive guidance. Their hearts are, though slowly, being conquered, and thus it becomes a means for their guidance.

Of course, the places we will go to are the places of kufr. [The Sheikh is referring to his planned trip to Italy.] “Kufr” means stubbornness. Even if one sees the truth, out of his stubbornness, he does not accept it. May Allah give them softness of the heart so that they accept the truth. There is a Turkish saying: “The Truth is like the sun; it cannot be plastered over”. Islam is the truth; the rest is falsehood. May Allah make us firm in the Truth, insha’Allah. May our journey bring guidance for those people, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

07 April 2019 /01 Sha’ban 1440, Akbaba Dergah, Morning prayer

# HEART AND WORLD

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Bismi Llāhi r-Raḥmāni r-Raḥīm, “Alā bi-dhikri Llāhi taṭma’innu l-qulūb?” (Qur’ān 13:28)  
“Verily, in the remembrance of Allah do hearts find rest.” The heart of one who is with Allah, remembering Allah, is always content. They are in peace. The more one indulges in this world, the more one is disturbed, and one’s heart mixed up.

Dunyā (world) means “low”. However much a man gives importance to this world, by just so much is he lowered. To rise higher, he should turn toward Allah. However much you turn towards Allah and remain with him, by so much are you raised and your station becomes higher, becomes high (‘ālī). People put the world in their hearts today, and give no place to Allah. In fact, Allah ‘azza wa jalla says, “Heaven and Earth cannot contain Me, but the heart of my believing servant contains Me.”

Can there be a greater honor than this? People leave this honor, and put in their hearts all the bad things, [so that] the more they fill their hearts, the more they are lowered. The world is not important. Do not put it in your heart. Let it stay outside. Let your heart be for Allah. May Allah give us this provision, this beauty, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
18 April 2019 /13 Sha’ban 1440, Akbaba Dergah, Morning prayer



# BARAKA OF THE HOLY DAYS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Thanks be to Allah we have spent the night beautifully. May Allah accept it. Now fifteen days are left before we reach Ramadan. May we reach it with safety and barakah, insha’Allah. Allah ‘azza wa jalla has bestowed upon us these beautiful months that are full of barakah, so that we can breath some in relaxation. Even if everyone benefits, nothing of it decreases. There are so many people observing it, and yet still there is no such thing as not much being left over for us. On the contrary, Allah ‘azza wa jalla gives to whoever wants. Let us ask [from Allah]. The important thing is to ask for goodness, barakah, iman, and to ask that Allah be pleased with us. Other things are not important. As long as Allah is pleased with us, our affairs will be easy, and everything will be beautiful. As long as your iman is strong, nothing can bother you.

May Allah give us strength of faith. May Allah give us love for one another and love of the Prophet (SAW). Let us have love towards the awliyā’ of Allah and towards Muslims, insha’Allah. Insha’Allah, we will enter Ramadan in safely, and complete these months that are beautiful and full of barakah. May our lives be always spent on a beautiful path such as this. This is our request. There is nothing better than this. May Allah help, and may it be easy, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

19 April 2019 /14 Sha’ban 1440, Akbaba Dergah, Morning prayer

# THE BELIEVERS ARE BROTHERS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

In the Quran, Allah ‘azza wa jalla says—a’ūdhu biLlāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raḥmāni r-Raḥīm “Innamā lmu’minūna ikhwatun fa’aṣliḥū bayna akhawaykum” (Qur’ān 49:10) “But the believers are a brotherhood, so reconcile amongst your brothers.” Allah created Muslims as brothers, created them to be brothers. Muslims should not separate. Allah wanted them to be of one heart. So until a mu’min loves his brother, he cannot reach to [the level of] real faith. This is very important for this world and the Next.

When they are one, an enemy cannot win against them. Right from the beginning, others have wanted to cause division amongst the Muslims, and to have them fight against one another. They attempted this often, and succeeded. Every time that we have been united, they could not do anything, but by deception, they caused Muslims to go against each other. What happened is in contradiction to the words of the Prophet (SAW). A Muslim should support a Muslim. They should help each other. But now what we witness is that for any little thing, they become enemies. Not only here—the rest of the Islamic world is the same. This indicated that Muslims are not following the Prophet (SAW). When they do not follow, many different kinds of bad things happen to them, and they receive curses.

May Allah help us to support each other, and have us love each other, insha’Allah.  
May Allah forgive us all. The time of fitnah is a difficult time, but with Allah’s permission, those who are with Him will never lose. May Allah be with us.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
20 April 2019/15 Sha‘ban 1440 Akbaba Dergah, Morning prayer

# TURNING AWAY FROM ERROR

As-Salāmu ‘alaykum wa raḥmatu Llāh.

A man makes mistakes. Allah created people to make mistakes, and to forgive them in return. Allah created people: “If you do not make mistakes, I will create people who will make mistakes, so I can forgive them.” Being forgiven is, therefore, a great blessing (ni‘mah).

Allah ‘azza wa jalla bestowed this great blessing upon mankind, but people do not know the value of it. When a man regrets his mistake, and turns away from it, his sin is converted to a goodness. Allah forgives you as much as you regret, and all your sins turns into good. This is from Allah’s mercy (luṭf) and generosity, so saying to oneself about past mistakes, “I wish I had not done this,” and asking for forgiveness, is a great action. One also needs to feel regret about things that one could have done but did not. It is stupidity to say, “We did not sin. We did not tour around or go to this or that place...” Because he did do these acts, he is not a sinner, but then he uselessly saddens himself [regretting that he did not experience these things!] Instead he should be grateful that he did not indulge in these sins, and that Allah hindered him.

Such regrets as saying, “Oh! I was such, young, etc., but had no chance to do this or that...” are from Shaytan and have no use except to cause oneself sorrow. It is necessary rather to be thankful that Allah has protected you! There is a saying in Turkey regarding trying to sin: “If I try to go out and burgle, the sun rises!” This means that Allah prevented it. This is a good thing! May Allah [indeed] protect us from sins!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
21 April 2019 /16 Sha‘ban 1440, Akbaba Dergah, Morning prayer

# ALLAH'S PREDESTINATION

As-Salāmu 'alaykum wa raḥmatu Llāh.

Be with Allah, and do not be afraid. Those who are with Allah are advantaged and safe by the permission of Allah. Nowadays, people are such as to worry about their worldly life as this happens or that, and to forget the Next World and Allah. Everything is in the hands of Allah. He is Ar-Razzaq, Allah 'azza wa jall. "Oh! this one came that one left..." People worry. There is no need to worry. The sole owner of everything is Allah, 'azza wa jall. Allah has distributed everything to mankind—his provision, life, his number of breaths, the water he is going to drink, the bread he is going to eat, and everything else.

"Wa kullu shay'in 'indahū bi-miqdār" (Qur'ān 13:8). "Everything has a measure." For everything there is a measure. You are to eat and drink according to a measure, and that is it. You cannot do more than that, which means that you cannot go beyond what Allah has predestined for you, [things] such as your provision and the air you breathe. Let the whole world be yours if you like—when the time comes, one cannot put a morsel into one's own mouth. Therefore, be with Allah, so that your faith will be strong. Let nothing bother you. Be like the mountains. Let no wind touch or bend you. The one whose faith is strong, is like a mountain—for him by the permission of Allah everything becomes easy. As long as the orders of Allah are kept, the rest is not important.

May Allah protect us! May Allah bless us with iman! Iman is the most important thing in life the rest is not important, because it is our faith that saves us, here and after. Let us be with Allah. Let Him be in our hearts, insha'Allah

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet 'Adil  
23 April 2019/18 Sha'ban 1440, Akbaba Dergah, Morning prayer

# SUSTENANCE

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Our Holy Prophet (SAW) states, “If you had true faith, Allah would send you your sustenance (rizq).” Just as birds go out looking for their sustenance in the morning with stomachs empty, yet they come back with stomachs full later in the evening. They don’t have jobs, but Allah (JJ) provides their sustenance. Allah, who provides their sustenance, provides sustenance for people, too—so there is no need to get anxious when something goes wrong! Trust in Allah. Sustenance is from Allah.

The people who live in those countries you call the world’s most powerful, even those in the world’s most powerful and wealthiest country, are living in more difficulty than those who live in the poorest countries. They do not know what to do. Why? Because they think materialistically and of nothing else. They think that one eats if one works, and stays hungry if one doesn’t work. Allah manifests this view to them, so their disgrace may be an example.

Thanks be to Allah, though there isn’t as much wealth in our Islamic world, Allah gives blessing and everybody makes ends meet. We don’t have more than they, we have less, but when Allah ‘azza wa jalla gives barakah, that barakah is a secret and is more important than everything else. People get anxious and say, “This happened, and that happened. What are we going to do?” But there is no need [to worry like this]. The Sustainer (al-Razzāq) is Allah, the Exalted and Glorious; it is not the political administration or anything else. Allah makes a means and people, believers manage and make ends meet, without being in need of anyone, thanks be to Allah. What is important for us is to have faith. It is the most important thing. Iman is spirituality; it is power. Those without spirituality are useless. They live like grass, and die like grass. May Allah strengthen our faith for the sake of these days, and for the sake of the day of Juma, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet’Adil  
26 April 2019 /21 Shabān 1440, Akbaba Dergah, Morning prayer

# DUTY OF A MUSLIM

As-Salāmu ‘alaykum wa raḥmatu Llāh.

A Muslim should do good. “Allah is beautiful and loves beauty.” A Muslim does not need to live in bad, ugly places. You are to make your environment beautiful, and make yourself beautiful, so that Allah ‘azza wa jalla is happy with you. Because people eat and drink, there will certainly be some mess in our places, but the Prophet (SAW) says, “It is a sadaqa to remove dirt, trash, and stones from the path.” All the beautiful things you do are counted as sadaqa, because souls act according to beauty, whereas the nafs acts according to ugliness.

We observe old buildings—each one is like a wall painting, masha’Allah. When we look at the mosques, houses, and buildings that our forefathers made, we like them. Today’s buildings are not this way. They are piles of concrete. These piles of concrete are everywhere. Worst of all, they are building all around the Ka’aba, the heart of Islam—this is done on purpose! Those who do this are ones knowing nothing, and they have nothing to do with Islam. In every way, one must be an aesthete, sensitive to beauty, so that while you are alive, or after you have gone, people will say [of what you made], “What a beautiful piece!” These are the types of masterpieces that must be left behind. We should not say, “Oh! We will die anyway.”

In a famous hadith of the Prophet (SAW) which almost everyone knows, he said, “If you have a sapling in your hand, even if you know that you will die tomorrow, plant it!” Do not be lazy, do good! This is more important. The duty of a Muslim is to do good, to do something beautiful, to show mercy. May Allah help us to do this, and not let it leave our remembrance. We will continue doing for the sake of Allah, so that it turns into dhikr.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
27 April 2019/22 Sha‘ban 1440, Akbaba Dergah, Morning prayer

# LEARNED MONKEYS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Islam is the most perfect religion sent by Allah (JJ) and brought by our Holy Prophet (SAW). Everything, every beautiful thing is in it. This is the case for this world and for the Hereafter. The perfection that people who follow it are seeking is in it. The more they follow the commands, the more they rise and the more they soar. If they don't apply those commands, to that same degree they fall, and to that same degree they stoop. They think they are doing something good, but they are actually harming and degrading themselves.

The more a person attaches himself to religion, the more acceptable he becomes. Otherwise, what happens to a person who does not do credit to his own dignity and honor? He becomes a buffoon and nothing else. They call those who are under the control of fashion designers and what not "trained monkeys", who are told, "Do this and do that." They become like that. They are told, "You will wear this, and you will do that." Whereas, if people dress as Allah orders, they would be covered, and they would be beautiful. There are things that fit each person. There is no restriction to apply them. However, when you go out beyond the command, at such time it begins to harm you. Because the things Allah commands are certainly for our own good, when you don't do them, you are both committing sin and are harming yourself. Then they complain that there is no blessing left, and there is no peace left.

There are reasons behind it. Nothing happens without a reason. Insha'Allah, let us follow the commands of Allah, and let us stay away from the things Allah has forbidden us. Our Holy Prophet (SAW) says, "In the End Times, they will forbid from doing good, and they will invite to doing evil." May Allah protect us! These are those times. People who are attached to their religion will profit. They will be gain in every aspect. People who are distant from religion are always in a state of loss. Let them never think that they are benefiting. May Allah provide guidance! May Allah give people good sense and intelligence.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
30 April 2019 /25 Shabān 1440, Akbaba Dergah, Morning prayer

# THE VIRTUES OF ZIYARET

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Our Holy Prophet (SAW) states, “Whoever goes to visit his Muslim brother, for each step taken Allah writes one reward, erases one sin, and raises him by one station.” A short while ago, our Abd ul-Rafi Efendi started his journey to what is considered the other side of the world. It is millions of steps. Millions of steps. Allah the Exalted and Glorious grants those for each step.

Of course it is hard to get here from so far away there, but these people only came out of compassion, for Allah, and only for the sake of Allah. Allah the Exalted and Glorious both gives them blessings and increases their lights. Sometimes you don’t feel like going from one place to another. For them to get up and come from so far away is for Allah’s love. So there is a compassion, and it is most acceptable when compassion is for the sake of Allah. They are not coming for worldly purposes. Most people travel the world for worldly purposes, but they travel for nothing. When a person is about to go someplace, wherever it may be, he must state his intention to be for the sake of Allah and to earn his sustenance, and then it will not be in vain.

However, they are coming straight for the sake of Allah, and to find and meet their Muslim brothers. Their reward is great. May Allah bless it! May Allah increase it! May whatever troubles they have be removed. The most important thing they want is for their families to reach guidance: May Allah give them guidance, insha’Allah!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
1 May 2019 /26 Shabān 1440, Akbaba Dergah, Morning prayer



# EGO SERVICE

As-Salāmu ‘alaykum wa raḥmatu Llāh.

People see the world as a place of amusement. They are busy with their comfort, and with the amusement and satisfaction of their ego. People’s highest aim is this. Every bad habit is in the ego. Instead of training his ego, his ego trains him. They are trying to satisfy their ego. To remain as slaves of their egos is their only goal. Whether it benefits anyone or not is not even a concern. They do not care what is beneficial. People run around not to receive benefit, but just a small bit of comfort. What happens at the end of it? Nothing, nil. Sometimes things are even worse. Sometimes such things are done that result in their ego actually lowering them. Such is the case for those who do not obey Allah but their own ego. Not only non-Muslims, but Muslims too are the same. Muslims have begun to look like them, and to act how non-Muslims ask them to act, without thinking whether this brings benefit or not. What they think about is just their own comfort, their amusement and pleasing their ego.

The ego will never be happy, no matter how much you serve it. It will never be satisfied, but will always ask for more. So do not follow your ego, have it follow you! Train your ego. After training it, you will feel relaxed, but otherwise it will never let you relax. Otherwise, in this world you will be stressed out, and in the Next World you will be disappointed. May Allah protect us from our ego. As We said, today ninety-nine percent of the world is in the service of ego, using TV, movies, and other things as means. May Allah protect us from the evil that comes from our ego, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
02 May 2019 /27 Sha‘ban 1440, Akbaba Dergah, Morning prayer

# THE SPOKEN WORD FLIES, THE WRITTEN WORD REMAINS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

The Quran says, “When one is about to do something like business, have someone write down the specifics agreed upon.” Today most people do not keep their promises, or they forget. So it is said that it is better to write things down. Nowadays, there are notaries to make it even securer. Those who used to be called “kātib ‘ādil” are called “notaries” today. It is a bond for people, something solid for their benefit.

Most people promise, then turn away from their promises. So that one making a promise will not later be able to turn away from it, and also to prevent possible disagreements in the future, writing everything down is required. Most of the time people talk, lie, and later say, “I did not say it like that.” “If you did not say it, then what is this? It is written right here.” So then the person cannot disagree. If his intention was good, maybe he forgot the details. To forget is an attribute of mankind. So when there is anything to be done in the future, in order that we will not be guilty in front of Allah for something, and so that whatever is promised will be fulfilled, it is necessary to write everything down [in advance].

Now most people say, “If I had this, I would give this much...”, then when he has the means, he says there is no need to give. They forget their promises. They forget Allah ‘azza wa jalla. Therefore we tell them to fulfill Allah’s order to write important details down when they intend to do something or make a promise, so that they will not forget. Otherwise, no barakah will remain for the person not keeping his promises, and he will not benefit either. The reason why Allah ‘azza wa jalla out of His mercy ordered it to be written down is so that the person will not be harmed.

This is an order. One might say now, “Oh, he is my relative,” or “We are friends,” this or that, but later no relationship remains if something goes wrong. May Allah have us amongst the sādiqīn (trustworthy ones), those who are faithful to their promises. May He not test us!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

03 May 2019 /28 Sha‘ban 1440, Akbaba Dergah, Morning prayer

# WRONG ADDRESS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

It is only Allah who helps people. When there is permission from Him everything becomes easy, everything takes place. Nothing happens when Allah does not want it so. There is no benefit of hoping from someone else. If you want it, ask Allah. There is no benefit for those who are not on the path of Allah ‘azza wa jalla.

People have indulged themselves in the world’s business. Both the one who calls himself a Muslim, and the one who doesn’t, forget Allah in every little affair. They ask for someone else’s help. In fact, there is nothing in those [either]; they cannot do anything without help from Allah. They would say you are on a wrong address, looking for things at a wrong address. The address is clear, but you are seeking [your goal] in a mistaken place.

If you are a Muslim and a believer, first you will seek Allah’s pleasure, and then Allah will help you. “I did this or that”—but all of it is done for the benefit of this world! The important thing is what is done for Allah’s sake. If you have done it for Allah’s sake, no need to fear or to be embarrassed about what you are doing. The Prophet (SAW) says, “Hearts are in the hands of Allah.” When He turns the hearts, no one can obstruct you. If you forget Allah, and say, “Nope, I will change the hearts,” then you will face difficulty. This is advice. Those who take it, succeed, and they gain in this world and the Next.

If you do not take this advice, that is your business. Sincerity is needed in front of Allah, and it is necessary to remember of Allah in every step we make. Help is from Allah. Help is from Allah and not from anyone else. In the Holy Quran, it is said, “How can you ask from a blind man?” He himself is already needing help, so it is not appropriate for you to ask for help from him. You should ask from Allah, so that He helps, and you succeed. Do not forget Allah! Ask from Allah! Whatever is right, do it, and do not be in need of anyone. Do the haqq! If a man does not want to sink, he must do what is right.

Saying “let me give this and do this...” is not right. Do not give anything, and do not promise anything. Only say that you will do whatever particular thing for the sake of Allah, and then you will receive Allah’s help, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

19 June 2019 /16 Shawwāl 1440, Akbaba Dergah, Morning prayer

# THE BANNER OF ISLAM

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Bismi Llāhi r-Raḥmāni r-Raḥīm:

“Allā inna awliyā’a Llāhi lā khawfun ‘alayhim walā hum yuḥzanūn.” (Qur’ān 10:62) It says, “Behold! The Friends of Allah, neither fear shall overwhelm them, nor shall they remain in grief.” Those who respect them, venerate them are those who are accepted. There is fear and danger for those who do not respect them but say, “These are just old people who know nothing. We know better [than they].”

Our Anatolian, Ottoman capital [payitaht] is the head of the Islamic world. Here is where the flag of our Prophet and the Islamic world is borne. However many trivial people come forward trying to destroy this, they will end up disappointed. They cannot succeed. They cannot do anything, because Allah has completed His religion. The Ottoman Devlet was built upon the complete path, the path of the Prophet (SAW). This is how they always ruled.

It was the pure ones, the one who protected the religion of Islam. That is why they demolished it. Had it changed to be the way they wanted, they were going to let it stay, but they made the Ottoman government collapse, because they saw it as an obstacle. Next, with a view towards ending it [i.e., the religion of Islam], they appointed bad scholars who were useless, every type of them, but they cannot end it. This is the religion of Allah, and Allah ‘azza wa jalla does not allow them such a chance. Those who go against them have faced the anger of Allah, which means that what they do is in vain. We see many other paths apart from this true path, and they all struggle to end the true path. If you want to bring it to an end, try it in your own country. We do not need to imitate others. Let them imitate and follow us. May Allah not confuse people, but let us know the value of our path! The greatest provision, and that which has the greatest value, is Islam. In it the one who is on the right path is valuable.

Thanks be to Allah, the head of Islam is here. The help of Allah’s friends is ready. It is necessary to have the strength here. No need to look like others. If you do, it is like an adult trying to look like a stupid child. And afterwards, they move you around like a ball, and you end up shamed, with all you do being done in vain.

May Allah make us one of those who knows value. This is a great provision. Allah ‘azza wa jalla bestowed this service on us, to the Ottomans. It is important to know its value. May Allah guide people who have no mind! May He give intelligence! In our country also there are a lot of ignorant people. As for ignorant so-called scholars, may Allah guide them and give them intelligence too!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

21 June 2019 /18 Shawwāl 1440, Akbaba Dergah, Morning prayer

# THE GREATEST MIRACLE

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Allah ‘azza wa jalla showed us the Prophet’s (S.A.W.) miracles. The greatest of all is the Holy Quran. Even if people and jinn were to get together, they could not write a book like it. The Prophet (S.A.W.) says, “In it there is news of those who came before you, and news of what will happen after you. There is healing, and there is joy.” When you read the Quran, you take a good deed with you to the Next Life. He says, “Read it!” It brings healing, and peace to your hearts, and becomes a means of protection.

There is everything in it. There are a lot of references that are explanatory (tafsīr) but none can amount to even the size of a drop. Thanks be to Allah that we are able to read it, and to know its value, insha’Allah. “As much as we know”, but of course that is only as much as Allah reveals to us. May Allah teach us its meaning and truth, insha’Allah! For those who do not read it, may Allah have them read!

It is from the wisdom of Allah that people memorize it [even] without knowing the meaning, and they continue doing so. It is easier for us to understand, because we understand some Arabic. We do not know what it is like for those who do not understand Arabic. This is a very strange thing. It is a proof that the Quran is a miracle, from whichever angle one looks. May Allah’s baraka be upon us! May it bring health, and may our faith be strong, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

22 June 2019 /19 Shawwāl 1440, Akbaba Dergah, Morning prayer

# THE PLACE OF TEST

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Life continually tests whether a person has faith or not. This world is a place of test for everyone. Sometimes the test is good, sometimes bad. For the one who has faith, whether it is good or bad, the result is beneficial. But for the one without faith, what he goes through does not benefit him at all.

Bismi Llāhi r-Raḥmāni r-Raḥīm, this is an ayat:

“Iṣlawhā faṣbirū aw lā taṣbirū sawā’un ‘alaykum, innamā tujzawna mā kuntum ta’malūn.” (Qur’ān 52:16) “Taste you therein its heat and whether you are patient of it or impatient of it; it is all the same. You are only being requited for what you used to do.” Either be patient about it or not, it is a punishment and you will endure the punishment. When a misfortune happens to a believer and he shows patience in the sight of Allah, his reward will be great. If he does not there is no reward.

“Innamā yuwaḥḥā-ṣ-ṣābirūna ajrahum biḡhayri ḥisāb” (Qur’ān 39:10). It means, “Those who are patient will be given their reward without reckoning.” It is Allah’s (JJ) promise. Faith is a great provision. Now others bother them and it has become even for children to say, “I have no religion”. May Allah protect us! It is easy to deceive young people during their transition from one life stage to the next. May Allah protect the people of Muhammad, the children, daughters and sons, of Muslims. They are the ones bothered by Satan the most.

They then do not know what to do. They might think something is worthy, when in fact they are harming themselves. Later they will suffer their own punishment, and their punishment will not even benefit them. This all means that there is a test everyday for everyone, elders and youngsters. May Allah give what is good! May Allah not test us! May He not not test our faith! May Allah give strength and health. May He give strength to our faith.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

23 June 2019 / 20 Shawwāl 1440, Akbaba Dergah, Morning prayerr

# THE VIRTUES OF ZIYARET

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Our Holy Prophet (SAW) states, “Whoever goes to visit his Muslim brother, for each step taken Allah writes one reward, erases one sin, and raises him by one station.” A short while ago, our Abd ul-Rafi Efendi started his journey to what is considered the other side of the world. It is millions of steps. Millions of steps. Allah the Exalted and Glorious grants those for each step.

Of course it is hard to get here from so far away there, but these people only came out of compassion, for Allah, and only for the sake of Allah. Allah the Exalted and Glorious both gives them blessings and increases their lights. Sometimes you don’t feel like going from one place to another. For them to get up and come from so far away is for Allah’s love. So there is a compassion, and it is most acceptable when compassion is for the sake of Allah. They are not coming for worldly purposes. Most people travel the world for worldly purposes, but they travel for nothing. When a person is about to go someplace, wherever it may be, he must state his intention to be for the sake of Allah and to earn his sustenance, and then it will not be in vain.

However, they are coming straight for the sake of Allah, and to find and meet their Muslim brothers. Their reward is great. May Allah bless it! May Allah increase it! May whatever troubles they have be removed. The most important thing they want is for their families to reach guidance: May Allah give them guidance, insha’Allah!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

1 May 2019 /26 Shabān 1440, Akbaba Dergah, Morning prayer

# EGO SERVICE

As-Salāmu ‘alaykum wa raḥmatu Llāh.

People see the world as a place of amusement. They are busy with their comfort, and with the amusement and satisfaction of their ego. People’s highest aim is this. Every bad habit is in the ego. Instead of training his ego, his ego trains him. They are trying to satisfy their ego. To remain as slaves of their egos is their only goal. Whether it benefits anyone or not is not even a concern. They do not care what is beneficial. People run around not to receive benefit, but just a small bit of comfort.

What happens at the end of it? Nothing, nil. Sometimes things are even worse. Sometimes such things are done that result in their ego actually lowering them. Such is the case for those who do not obey Allah but their own ego. Not only non-Muslims, but Muslims too are the same. Muslims have begun to look like them, and to act how non-Muslims ask them to act, without thinking whether this brings benefit or not. What they think about is just their own comfort, their amusement and pleasing their ego.

The ego will never be happy, no matter how much you serve it. It will never be satisfied, but will always ask for more. So do not follow your ego, have it follow you! Train your ego. After training it, you will feel relaxed, but otherwise it will never let you relax. Otherwise, in this world you will be stressed out, and in the Next World you will be disappointed. May Allah protect us from our ego.

As We said, today ninety-nine percent of the world is in the service of ego, using TV, movies, and other things as means. May Allah protect us from the evil that comes from our ego, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
02 May 2019 /27 Sha‘ban 1440, Akbaba Dergah, Morning prayer



# THE SPOKEN WORD FLIES, THE WRITTEN WORD REMAINS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

The Quran says, “When one is about to do something like business, have someone write down the specifics agreed upon.” Today most people do not keep their promises, or they forget. So it is said that it is better to write things down. Nowadays, there are notaries to make it even securer. Those who used to be called “kātib ‘ādil” are called “notaries” today. It is a bond for people, something solid for their benefit.

Most people promise, then turn away from their promises. So that one making a promise will not later be able to turn away from it, and also to prevent possible disagreements in the future, writing everything down is required. Most of the time people talk, lie, and later say, “I did not say it like that.” “If you did not say it, then what is this? It is written right here.” So then the person cannot disagree. If his intention was good, maybe he forgot the details. To forget is an attribute of mankind. So when there is anything to be done in the future, in order that we will not be guilty in front of Allah for something, and so that whatever is promised will be fulfilled, it is necessary to write everything down [in advance].

Now most people say, “If I had this, I would give this much...”, then when he has the means, he says there is no need to give. They forget their promises. They forget Allah, ‘azza wa jalla. Therefore we tell them to fulfill Allah’s order to write important details down when they intend to do something or make a promise, so that they will not forget. Otherwise, no barakah will remain for the person not keeping his promises, and he will not benefit either. The reason why Allah ‘azza wa jalla out of His mercy ordered it to be written down is so that the person will not be harmed.

This is an order. One might say now, “Oh, he is my relative,” or “We are friends,” this or that, but later no relationship remains if something goes wrong. May Allah have us amongst the sādiqīn (trustworthy ones), those who are faithful to their promises. May He not test us!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

03 May 2019 /28 Sha‘ban 1440, Akbaba Dergah, Morning prayer

# WRONG ADDRESS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

It is only Allah who helps people. When there is permission from Him everything becomes easy, everything takes place. Nothing happens when Allah does not want it so. There is no benefit of hoping from someone else. If you want it, ask Allah. There is no benefit for those who are not on the path of Allah ‘azza wa jalla.

People have indulged themselves in the world’s business. Both the one who calls himself a Muslim, and the one who doesn’t, forget Allah in every little affair. They ask for someone else’s help. In fact, there is nothing in those [either]; they cannot do anything without help from Allah. They would say you are on a wrong address, looking for things at a wrong address. The address is clear, but you are seeking [your goal] in a mistaken place.

If you are a Muslim and a believer, first you will seek Allah’s pleasure, and then Allah will help you. “I did this or that”—but all of it is done for the benefit of this world! The important thing is what is done for Allah’s sake. If you have done it for Allah’s sake, no need to fear or to be embarrassed about what you are doing. The Prophet (SAW) says, “Hearts are in the hands of Allah.” When He turns the hearts, no one can obstruct you. If you forget Allah, and say, “Nope, I will change the hearts,” then you will face difficulty.

This is advice. Those who take it, succeed, and they gain in this world and the Next. If you do not take this advice, that is your business. Sincerity is needed in front of Allah, and it is necessary to remember of Allah in every step we make. Help is from Allah. Help is from Allah and not from anyone else. In the Holy Quran, it is said, “How can you ask from a blind man?” He himself is already needing help, so it is not appropriate for you to ask for help from him. You should ask from Allah, so that He helps, and you succeed. Do not forget Allah! Ask from Allah! Whatever is right, do it, and do not be in need of anyone. Do the haqq! If a man does not want to sink, he must do what is right. Saying “let me give this and do this...” is not right. Do not give anything, and do not promise anything. Only say that you will do whatever particular thing for the sake of Allah, and then you will receive Allah’s help, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

19 June 2019 /16 Shawwāl 1440, Akbaba Dergah, Morning prayer

# THE BANNER OF ISLAM

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Bismi Llāhi r-Raḥmāni r-Raḥīm:

“Allā inna awliyā’a Llāhi lā khawfun ‘alayhim walā hum yuḥzanūn.” (Qur’ān 10:62) It says, “Behold! The Friends of Allah, neither fear shall overwhelm them, nor shall they remain in grief.” Those who respect them, venerate them are those who are accepted. There is fear and danger for those who do not respect them but say, “These are just old people who know nothing. We know better [than they].”

Our Anatolian, Ottoman capital [payitaht] is the head of the Islamic world. Here is where the flag of our Prophet and the Islamic world is borne. However many trivial people come forward trying to destroy this, they will end up disappointed. They cannot succeed. They cannot do anything, because Allah has completed His religion. The Ottoman Devlet was built upon the complete path, the path of the Prophet (SAW). This is how they always Ruled.

It was the pure ones, the one who protected the religion of Islam. That is why they demolished it. Had it changed to be the way they wanted, they were going to let it stay, but they made the Ottoman government collapse, because they saw it as an obstacle. Next, with a view towards ending it [i.e., the religion of Islam], they appointed bad scholars who were useless, every type of them, but they cannot end it. This is the religion of Allah, and Allah ‘azza wa jalla does not allow them such a chance. Those who go against them have faced the anger of Allah, which means that what they do is in vain.

We see many other paths apart from this true path, and they all struggle to end the true path. If you want to bring it to an end, try it in your own country. We do not need to imitate others. Let them imitate and follow us. May Allah not confuse people, but let us know the value of our path! The greatest provision, and that which has the greatest value, is Islam. In it the one who is on the right path is valuable.

Thanks be to Allah, the head of Islam is here. The help of Allah’s friends is ready. It is necessary to have the strength here. No need to look like others. If you do, it is like an adult trying to look like a stupid child. And afterwards, they move you around like a ball, and you end up shamed, with all you do being done in vain.

May Allah make us one of those who knows value. This is a great provision. Allah ‘azza wa jalla bestowed this service on us, to the Ottomans. It is important to know its value. May Allah guide people who have no mind! May He give intelligence! In our country also there are a lot of ignorant people. As for ignorant so-called scholars, may Allah guide them and give them intelligence too!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

21 June 2019 /18 Shawwāl 1440, Akbaba Dergah, Morning prayer

# THE GREATEST MIRACLE

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Allah ‘azza wa jalla showed us the Prophet’s (S.A.W.) miracles. The greatest of all is the Holy Quran. Even if people and jinn were to get together, they could not write a book like it. The Prophet (S.A.W.) says, “In it there is news of those who came before you, and news of what will happen after you. There is healing, and there is joy.” When you read the Quran, you take a good deed with you to the Next Life. He says, “Read it!” It brings healing, and peace to your hearts, and becomes a means of protection.

There is everything in it. There are a lot of references that are explanatory (tafsīr) but none can amount to even the size of a drop. Thanks be to Allah that we are able to read it, and to know its value, insha’Allah. “As much as we know”, but of course that is only as much as Allah reveals to us. May Allah teach us its meaning and truth, insha’Allah! For those who do not read it, may Allah have them read!

It is from the wisdom of Allah that people memorize it [even] without knowing the meaning, and they continue doing so. It is easier for us to understand, because we understand some Arabic. We do not know what it is like for those who do not understand Arabic. This is a very strange thing. It is a proof that the Quran is a miracle, from whichever angle one looks. May Allah’s baraka be upon us! May it bring health, and may our faith be strong, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
22 June 2019 /19 Shawwāl 1440Akbaba Dergah, Morning prayer

# THE PLACE OF TEST

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Life continually tests whether a person has faith or not. This world is a place of test for everyone. Sometimes the test is good, sometimes bad. For the one who has faith, whether it is good or bad, the result is beneficial. But for the one without faith, what he goes through does not benefit him at all.

Bismi Llāhi r-Raḥmāni r-Raḥīm, this is an ayat:

“Iṣlawhā faṣbirū aw lā taṣbirū sawā’un ‘alaykum, innamā tujzawna mā kuntum ta’malūn.” (Qur’ān 52:16) “Taste you therein its heat and whether you are patient of it or impatient of it; it is all the same. You are only being requited for what you used to do.” Either be patient about it or not, it is a punishment and you will endure the punishment. When a misfortune happens to a believer and he shows patience in the sight of Allah, his reward will be great. If he does not there is no reward.

“Innamā yuwaffā-ṣ-ṣābirūna ajrahum biḡhayri ḥisāb” (Qur’ān 39:10). It means, “Those who are patient will be given their reward without reckoning.” It is Allah’s (JJ) promise. Faith is a great provision. Now others bother them and it has become even for children to say, “I have no religion”. May Allah protect us! It is easy to deceive young people during their transition from one life stage to the next. May Allah protect the people of Muhammad, the children, daughters and sons, of Muslims. They are the ones bothered by Satan the most.

They then do not know what to do. They might think something is worthy, when in fact they are harming themselves. Later they will suffer their own punishment, and their punishment will not even benefit them. This all means that there is a test everyday for everyone, elders and youngsters. May Allah give what is good! May Allah not test us! May He not test our faith! May Allah give strength and health. May He give strength to our faith.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

23 June 2019 / 20 Shawwāl 1440, Akbaba Dergah, Morning prayerr

# ISLAMIC MANNERS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Allah ‘azza wa jalla says, Bismi Llāhi r-Raḥmāni r-Raḥīm:

“Wa tilka l-ayyāmu nudāwiluhā bayna n-nās” (Qur’ān 3:140). “And these days we alternate among the people.” In whomever’s hand this world is, certainly it will slip away one day. People think they live for this world. It is not worth worrying about this world. It is determined by Allah, and He does what He wants. Allah only does what people deserve.

So, it is our belief that Allah is with the mu’mineen, and it is sufficient to believe in Allah, who has power over all things, and every matter has its wisdom. He takes and gives on the basis of this wisdom, but our duty is to rely on Allah. Allah is and is present, and there is none after Him.

“Allahu Rabbī; kafanī Rabbī,” Sheikh effendi said this. Allah is sufficient for us. If you are doing it for Allah, Allah sees it. But if you are serving this world, it is in vain. Therefore there is no need to worry about this world. You stay with Allah, and let your intention before the sake of Allah, and Allah will give you your reward. However, if your doing is not for Allah, then worry about it as much as you can, for it means there is no benefit to it at all. That will be of no benefit either in this world or the Next.

The important think is doing for the sake of Allah. Allah wanted it this way. We should submit to Him—there’s nothing else to do! This is the world. There is no need to worry about this world; we need to obey the order of Allah. No matter what, you will bewith Allah, whether in violence, comfort, or distress. If you stay this way, you are in Paradise—in this world and in the Next. But if you choose the other path... This is what Muslims do not understand. They worry so much. Why? Because they have forgotten the adab of Islam; they regard things from a viewpoint outside of Islam.

The one who is in tariqah is happy, because he is with is his Lord, with his Allah. This world is bad, and there is no need to give it any regard. But those who are not in tariqah say, “If it were this way...” or, “If it were that way...,” and then they worry and torment themselves. No, no need to worry at all. Allah is providing for us all—food, drink, Allah provides. The breath we take is in the hands of Allah and of nobody else. Someone who is looks at things like this will be relaxed. Tariqah is what gives us this way of looking at things. Tariqahs that are on the path of the Prophet (SAW).

Otherwise to say, “I will do this way or that...” does not bring any benefit, does not let one gain anything. That might be good in some things, but we think it is bad. In everything there is good, and may Allah give us the good.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

24 June 2019 / 21 Shawwāl 1440, Akbaba Dergah, Morning prayerr

# ACCEPTING SINS AS NORMAL

As-Salāmu ‘alaykum wa raḥmatu Llāh.

When a thing that is not approved by Allah is done, it is a sin. Of course, there is punishment for committing sin. One swaggers around in this world, and when he says, “I listen to nobody, and recognize no one [as authority],” he thinks he can do anything he wants. He thinks this is a world where no one can say anything or interfere with him.

In fact, there are a lot of interferences met with in the world; one cannot do everything. People have allowed some things in this world that Allah does not allow; they might get away with it here, but not in Next World. Of course, people get upset saying others did this or that. This is also normal, if one can change by hand the thing done, then by hand he changes it. If not he should warn against it, and say so by his tongue. If that doesn’t work, there is no need to take it further. But have dislike within the heart towards it, and say within your heart that what was done was not right, was bad, and that I do not accept it in my heart. Do not tolerate every thing that you see, but as we say, while trying to sort it out, do not cause a greater division.

There is a Day when they and everybody else will give their own account. Those who think of this Day will avoid sins, will run away from them. Those who do not care will regret it in Next Life. They will beg and say, “Send us back! Let us do good! Let us not do this; let us not do what we did before!” But it will be too late for this. In many cases, there are people who regret in this world what they have done. Yes, but there are even more people who regret in Next Life. They regret and say, “I wish I had done this. I would have earned more. If I had done it in another way, it would not be like this.

If I had left a little later, the accident would not have happened.” These are temporary regrets. As long as one is still in this world, these can be changed. The real regret will be in Next life. Therefore, towards those who commit sin, one must say, “We dislike this in our hearts. We do not want these actions. This is not something to accept.” They have an account between Allah and themselves. What we are trying to say is not to see these things as being normal. Because we are in the End Days, sins seem normal. The important thing is to know what is forbidden by Allah and what is allowed. May Allah keep us away from haram always, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
25 June 2019 / 22 Shawwāl 1440, Akbaba Dergah, Morning prayer

# MEHMET ŞEVKET EYGİ EFENDİ

As-Salāmu ‘alaykum wa raḥmatu Llāh.

We should say one or two things about my Shaykh Baba’s friend, may Allah have mercy on him. It was in the 70s when they met, and at that time he was jailed for speaking the truth. Shaykh Baba used to correspond with him during this time, writing letters to him, and he had a good connection with him. He was one of the oldest acquaintances of our Shaykh Baba’s.

What sort of person was he? Perfect. He was someone who sought his mother’s consent, believed in Allah, and did not give his heart to this world. He’s served his mother till the end. He was from the People of Sunnah, on the path of truth, on the path of tariqah, a beautiful person. Allah made him a means of giving guidance to people. He was a means to show the new generation that it is possible to have a man like this. He did not deviate even a millimeter from this path. Though it is fashionable now for so-called intellectuals to speak ill of tariqahs and to denigrate Sharia out of their obedience to their egos, this man did not do an atom’s weight of these wrongs, and was himself on the straight path, the path of righteousness.

Therefore, rahmatu-Llah alayh, his place is great, though, unfortunately his value was not known while he was alive—but thanks be to Allah, most people like this are not valued while in this world. Later their value is known, so that after their death, they become more beneficial. [He] rahmatu-Llah had no children, but his charity’s return will be plenty until the end of time. He left behind valuable knowledge, beautiful actions, a lot of good deeds. Whatever he left behind his knowledge for others’ benefit. Two years ago, we visited his home, and at that time he donated forty thousand books to the library, so that people would benefit from them. Yesterday was his funeral. It was beautiful. It was done in an Ottoman way, prayerrs were performed in jamaat, and the funeral went beautifully. Shahadahs were said, and with the most beautiful shahadah [ḥusnu shahādat] he left. This is what a Muslim should ask for.

He left not with his property, but he left this world with a most beautiful shahadah, and he left things that will be beneficial to others. This man [even] apart [his] from knowledge, became an example though his own beautiful Islamic manners. Anyone can do this, rich or poor. If a man cannot do other things, at least being an example can be sufficient for him. This would be sufficient for Muslims.

May Allah have mercy on him! Insha’Allah, we will meet again in paradise. This is the how the world is. No one remains here forever, everyone is leaving in turns, but these people are scholars, true scholars. For as long as Allah wishes, however, after their death their benefits can be more, insha’Allah. May Allah have mercy on him. May his place be Paradise.

Li-‘Llahi ta‘āla, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

14 July 2019 / 11 Dhū l-Qa’dah 1440, Akbaba Dergah, Morning prayerr



# TRAINING THE EGO

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Our tariqah is based on good manners. We shall sit with good manners, and get up with good manners, and shall train ourselves so that our manners look like the Prophet’s (SAW). Let’s continue with this intention. He who follows the ego goes after dirt, nothing else. He embarrasses himself, and is afterwards not welcome in the sight of Allah. Allah knows the end: the end of the one who follows the ego is not good.

People follow their ego one-hundred percent. When they are offered more, they follow the ego even more. Actually, they are given opportunity by Allah to correct themselves, but [instead] they harm themselves, here and hereafter. No one respects the one who follows his ego—or loves him. Of course, it is only the prophets and those khalifas who followed them who trained their egos a hundred percent. Even if it is only ten percent [now], then on a daily basis we should try harder until it reaches 20% or 50%. The one who follows his ego deserves what he gets.

Because he has caused his end himself, there is no need to feel sorry for him. Since he did not realize the value of all of this generosity and goodness, when the punishment comes, he deserves it. And his punishment has come from his own hands; there is no need for anything else. No need for someone else to punish him. He punishes himself with his own hands, which can take nothing but evil from this evil soul. This is the reason why we often mention the matter of ego. Talking about it will not finish the matter, because the more opportunity the ego is given, the more it returns to its evil state. Therefore, one needs to remember:

“So remind, for indeed the reminder benefits the believers,” (Qur’ān 51:55). May Allah protect us from our ego, and from the evil that comes from it, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
12 July 2019 / 09 Dhū l-Qa’dah 1440, Akbaba Dergah, Morning prayer

# THE WISDOM IN SALAWAT SHARIFAH

As-Salāmu ‘alaykum wa raḥmatu Llāh.

The Prophet (SAW) says that when one supplicates, in order to make sure of its acceptance, one should first recite salawat upon the Prophet (SAW), and then make the supplication, and at the end also make salawat, so that Allah does not reject the prayerr. Because He does not reject salawat recited upon the Prophet (SAW), the supplication coming in between will be accepted—so this is a good thing! The Prophet (SAW) is giving good advice and is teaching something good.

Last night salawats were recited, and insha’Allah they were accepted, because there was quiet a lot distress. With the recitation of salawat, troubles diminish, ill ones are healed, and whatever purposes one has are accepted, too. Others keep saying not to recite salawat, it is bidda’, etc. That night by Allah there was neither bidda’ nor anything [even] resembling disallowance. Thanks be to Allah, our people who carry the flag of the Prophet (SAW), they are people who serve him. It is this government who shows the right path. The one who shows the haqq, justice, and who carries the governing of Islam is Ottoman. The one who represents Islam the best, the one who governs people with justice, is the Ottoman government, and that is in order to serve the Prophet (SAW).

The word khādim is used, which means that we are the servants of the Prophet (SAW). We are on his path. We fulfill his orders. Allah helps us in this. If you do not do it this way, no help is received. Help only comes if one has respect for the Prophet (SAW). Help comes here in this world, and a person meets happiness. So whatever negative nonsense has been said for years against salawat is done away with in one night, thanks be to Allah! Allah is forgiving us all. May Allah forgive us, and may Allah make it lasting, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

15 July 2019 / 12 Dhū l-Qa’dah 1440, Akbaba Dergah, Morning prayerr

# INTERIOR AND EXTERIOR

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Allah has shown people the right path. Those who follow the right path are given happiness. Those who lie for their own benefits in this world, and go contrary to what Allah has shown, are condemned to [various] grievances.

Tariqa and sharia are for people to correct the ego. And if you display yourself contrary to how you really are, this is considered to be hypocrisy. The hypocrite is the most unwanted, most disliked one. This is true in the divine presence, in the presence of the Prophet, and of people. Those who practice it and think they have gained thereby are wrong in thinking that they gained anything. On the contrary, they are losers. The Prophet (SAW) says that the one who covers himself with the cover of Islam and deceives people is to be punished twice as much because he [also] deceives people.

If someone dresses in an ordinary way, others may or may not be deceived, but when he is outwardly dressed in the cover of Islam, more people are deceived by him and this causes them move further away from the religion. This is a huge sin! Let our inward be also thus, insha’Allah. It is necessary for a person to maintain a similarity between inward and outward. If good, then appear good; if bad, appear bad. Which means that if he is inwardly bad and also [reveals himself so] outwardly, at least this is a lighter [sin] than Hypocrisy.

May Allah protect us. These are the End Days, and there are false teachers, and bad teachers, and also false shaykhs. There are people who claim to be a shaykh...—may Allah protect us from their harm! May Allah have us meet pure people, good people. May we be with them, insha’Allah. Most of the time we hear these things and feel sad, but we do not have the strength or means to monitor everyone, so we pray to Allah that He may protect us from the harm that comes from Satan, people, and from these hypocrites.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

16 July 2019 / 13 Dhū l-Qa’dah 1440, Akbaba Dergah, Morning prayer

# INSISTING ON THE SIN

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Allah ‘azza wa jalla says:

(A’ūdhu biLlāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raḥmāni r-Raḥīm)

“Wa lam yuṣirrū ‘alā mā fa‘alū wa hum ya‘lamūn” (Qur’ān 3:135). “And who do not persist with what [evil] they are doing when they know.” Those who regret their own doing, Allah ‘azza wa jalla forgives them.

People cross the [proper] boundaries, and commit sin. They do not fulfill Allah’s orders, and they say, “May Allah forgive us; we could not fulfill it,” but people today are in the state of rebellion. What is meant by “tughyān” is the summit of being rebellious. They say they do not regret anything they do. At this point its punishment is great, too. They will have to serve their punishment. When people are in courts they are asked whether they regret what they have done. If they say that no they are not, there will not be any decision to lighten their punishment. They then will have to serve their punishment. But if he instead says, “When I committed the act my mind was not with me. I was full of anger, and then this or that happened,” then his punishment is lightened.

Today’s people, because of their lack of faith, say, “I don’t regret anything at all that I have done.” In fact, regret will take place later, but it will have no use later. May Allah protect us. We regret doing bad, and may Allah forgive us all, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

17 July 2019 / 14 Dhū l-Qa’dah 1440, Akbaba Dergah, Morning prayer

# TO MISTREAT ONESELF

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Allah ‘azza wa jalla says: (A’ūdhu biLlāhi mina sh-shayṭāni r-rajīm. Bismi Llāhi r-Raḥmāni r-Raḥīm) “Wa mā ḡalamnāhum wa lākin kānū anfusahum yaḡlimūn” (Qur’ān 16:118) “We do not mistreat (lit. “do ḡulm to”) anyone. Mistreating people, their souls’ self-oppression, Allah does not persecute anyone.” Whatever happens on earth is due to what people do with their own hands, because of their bad habits, bad morals, bad deeds. All the curse, calamity happens to them for these reasons.

This [life] is not important; the Next Life is important. It will not be good for them Next Life, so they are mistreating themselves. Allah is merciful. He does not inflict mistreatment on anyone, Allah forbids mistreatment. There have been great prophets, 124,000 of them, and every era has awliya and suitable scholars. Allah ‘azza wa jalla sent every one of them as a mercy. Their being among the people is from the mercy of Allah. But people do bad, and then they think they will find good.

Doing wrong or bad—wrong doing cannot count as a good deed. Not only does it not bring good, but also his business in this life will not go well, and in Next Life (may Allah protect!), he may enter hell. So inflicting harm is not a good thing. Mistreatment is a darkness, a gloom! Do not abuse! Allah ‘azza wa jalla says, “Do not torture your self.” Allah ‘azza wa jalla does not like mistreatment, does not want people to mistreat each other, however people themselves are the ones who do this to themselves. May Allah protect us, insha’Allah!

Wa min Allāhi t-tawfīq, al-Fātiḡah

Şuḡbah of Shaykh Muḡammad Mehmet ‘Adil

18 July 2019 / 15 Dhū l-Qa’dah 1440, Akbaba Dergah, Morning prayer

# NUMBERED DAYS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Allah ‘azza wa jalla says: (A’ūdhu biLlāhi mina sh-shayṭāni r-rajīm. Bismi Llāhi r-Raḥmāni r-Raḥīm) “Ayyāman ma’dūdah” (Qur’ān 2:80) “Numbered days.” There is certain time period for humanity; there are certain number of years. No matter how long you may have lived, a hundred or a thousand years, they all are limited, “Ayyāman ma’dūdah”. Some months or days are more virtuous. Dhū l-Hijjah is coming soon; it is also mentioned in the Quran: “Wa-lfajri wa layāli ‘ashr” (Qur’ān 89:1 - 2) Allah ‘azza wa jalla swears upon that. “By the breaking of dawn. By the first tens nights of the month of Dhū l-Hijjah.” Allah swears by anything He wants, but we can only swear by His name. Fajr means daylight, which indicates morning. Allah made these ten days holy; this is His decision from His wisdom.

We shall respect it. There are more thawāb (merits) in them. The more we respect them, the more thawāb we gain. As Allah honors the days. He also honors people. For example, the Prophet (SAW) is the most honored man. There is no one like him. This is how we should understand it. We should teach this to people, to children, that there is no one else more venerable than the Prophet (SAW). [Other] people are valued for three years, five years, ten years, a thousand years. At the end their value ends, however the Prophet (SAW) is a venerable man forever. It is a duty to love him. We should love him more than our nafs.

Nevertheless, now there are the tricks of Satan played over people. Recently men have been bought out who say, “He is just a man like us.” This cannot be! After all, Allah honors even some days [more than others], and He did magnified (ta’zīm) the Prophet (SAW) on almost every page of the Quran. We too are ordered to do ta’zīm. Therefore, we need to be careful, and we should teach the children. “Who do you love the most? Your mom or dad?” No, not this, the first in priority is that he must love Allah ‘azza wa jalla, then the Prophet (SAW). This is what is to be taught. After that he may love anyone else. May Allah honor us with their love, insha’Allah! In honor of Friday, whatever good intentions there are, may be come true, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
19 July 2019 / 16 Dhū l-Qa’dah 1440, Akbaba Dergah, Morning prayerr

# LEARNING THE HOLY QUR'AN

As-Salāmu ‘alaykum wa raḥmatu Llāh.

The holy Prophet (SAW) says: “Khayrukum man t’allama ‘l-Qur’āna wa ‘allamahu.” “The best of you is the one who learns the Quran and teaches it.” It is now the summer period during which Quran lessons are given for children and adults in many places. Whoever teach it are the good ones in the sight of Allah. Of course, this is not a land of Arabs. Except in Arab countries, in every other place people are learning the Quran, reading it. They read either from memory or from the book, and although they do not understand the meaning, they receive thawāb (merits). Learning another language is difficult, but the Quran is a miracle. The miracle of Allah. Without knowing its meaning or anything from it, a person is capable of learning it letter by letter.

The Quran is a great present, the Word of Allah. The Quran is Allah’s oldest word. He offered it to weak servants like us. It is the greatest gift to the Prophet (SAW) and to us. Through the Prophet (SAW) it has come to us. It is healing, light, knowledge. It also contains the knowledge of what came from the beginning until now, and news about the future. So show as much effort as you can to learn the Quran. Sometimes enunciation is needed, sometimes [unusual] letters. If you cannot achieve these, Allah has given easiness—there are angels who correct those wrongly pronounced letters and offer them correctly before Allah.

Learning the Quran strengthens one’s memory. It becomes healing and light for a person. Insha’Allah, those who do not know how to read it, should make the effort to learn. It can be learnt in three days or in a week. If you find it hard, then within a month, by the permission of Allah. May Allah give light to hearts! May they learn as quick as possible, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuhbah of Shaykh Muḥammad Mehmet ‘Adil

25 July 2019 / 22 Dhū l-Qa’dah 1440, Akbaba Dergah, Morning prayer

# DIALOGUE BETWEEN THE RELIGIONS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Ṭarīqatunā ş-şuḥbah wa l-khayru fi l-jam’iyyah. Islam is the perfect religion. “Religion” is singular, but “religions” is plural. The others are not religions. They call it a dialogue between religions, [but] there is no such thing. Islam is the final religion. Before it there was the religion of the Nasrani [Christians] which was brought by Isa (AS), and the religion of Musa (AS). They all are the same. There is no need for a dialogue between them. They brought this issue to [everyone’s] attention, but for what purpose is unknown. The purpose is to confuse people’s minds, because the world is turning in the direction of Islam, and therefore to prevent it they bring up such things. This is one of them, otherwise, the religion of Allah is one.

“Inna-d-dīn ‘inda Llāhi-l-Islām,” (Qur’ān 3:19). “Indeed, the religion with Allah is Islam (lit., ‘the Submission’).” In twenty-three years, the Prophet (SAW) completed Islam in its best form. He completed it slowly, slowly. Human beings are not made perfect, but some amongst them have no idea about the religion. As they come to religion slowly, it is a good thing to invite them with tolerance, because the Prophet (SAW) did it that way. If you burden someone all of a sudden with everything, he will not be able to carry it, and might even become worse, in which case you would be responsible.

It is said that [one should] make things easy, not hard. This is the way mentioned in the Holy Quran and in the sayings of the Prophet (SAW). May Allah have us as one of those who shows easiness. May it be easy also for us, because if you make it difficult, Allah will make it difficult for you. If you give someone else a hard time, the same will happen to you. May Allah be our helper, insha’Allah. May our worldly and next life’s affairs be easy, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet’Adil  
26 April 2019/ 21 Sha’bān 1440, Akbaba Dergah, Morning prayer



# MAKING A POSITIVE ASSUMPTION

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Allah ‘azza wa jalla is being patient with people through His name Aş-Şabūr, “The one who shows patience, extremely patient.” Kill each other, oppress each other, and as long as you do not repent, the real punishment is in the Next World. People think they gain. Day and night they think how to protect their benefits. If they would turn [even] one tenth of this action into worship, they would be comfortable here and after. However, their ego worships Satan, and does what Satan says, and then they are in bad state. May Allah protect us! Let Muslims treat each other better, and let them think more. They're looking for shame.

The Prophet (SAW) says, “Every son of Adam does wrong, but the best among those who do wrong are those who repent.” So, if someone has made a mistake, instead saying something such as you are like this or that, pray for him from a distance, and say, “May Allah correct him.” Or if he is in serious fault, you may approach him and tell him his wrong. Going against him as an enemy and slandering him is not right. Already things are said mostly based on assumptions, and with bad intentions. These are not good either. A Muslim should give the benefit of the doubt and think good [of others], and those who are people of tariqah should take extra care in these matters. May Allah give all of us a peaceful state, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

29 July 2019 / 26 Dhū l-Qa’dah 1440, Akbaba Dergah, Morning prayer

# LAST 10 DAYS OF DHŪ I-ḤIJJAH

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Allah ‘azza wa jalla says, (A’ūdhu biLlāhi mina sh-shayṭāni r-rajīm. Bismi Llāhi r-Raḥmāni r-Raḥīm:) “Wa-l-fajri wa layālin ‘ashr(in)” (Qur’ān 89:1-2). “By the Dawn, and by the Ten Nights.” He is swearing by these. These last ten days, the nights of Dhū I-Ḥijjah until the day of Eid, are holy nights. As we have said before, Allah is giving opportunities to Muslims so that they earn more merits.

He gives back at least ten to one. These are Allah’s own calculation. No one would know. The owner of Karam, the Generous One, loves to offer. Allah ‘azza wa jalla is the most generous of the generous, so these holy nights are all opportunities. He is giving these opportunities, so that people earn merits and find goodness.

As you know, this month is the month of Hajj. Tomorrow insha’Allah is the first day of Dhū I-Ḥijjah. From day one till the tenth one may fast. One might fast fewer days, eight days if one wishes, nine days, or only on the Day of Arafat, as much as one is capable of, [but] there is no such thing in this month as only fasting on the ninth day. That day cannot be fasted by itself. On the first nice days only, or on the eighth and ninth days together fasting can be observed. You may observe fasting from the fifth till the tenth.

These are all voluntary fasts. Voluntary [acts of worship] are called nāfilah, which means they are not fard, not obligated. Allah does not make them obligatory upon us, only those who volunteer to do so keep them. It is so that there is no sin for those who do not observe them, [but] there are merits for those who do observe them. He says to do it if you wish.

One does however much good (khayr) one is capable of. Desire should be towards the Next Life. Do not desire this world; desire the Next. Do as much good as possible. Do your acts of worship. Those who usually do not do them should at least try on these days and earn merits. By Allah’s permission may their worship continue to have barakah, so that he continues his worship, and his barakah continues. May it be blessed (mubarak), insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

01 August 2019 / 29 Dhū I-Qa’dah 1440, Akbaba Dergah, Morning prayerr

# SEASON OF FORGIVENESS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Thanks be to Allah that we had Eid-ul Adha in peace, may it bring barakah to us insha’Allah. People take it as a holiday to start a vacation, but in fact it is an offer from Allah. A great offer, [for] on this day we are being forgiven. During the season of Hajj, sins are completely forgiven. One becomes as sinless as they were when they were born. That is why this is a great favor, a great offer. It is necessary to be thankful that Allah created us as Muslims, mumins.

People do not understand this. Those who do not accept this fact are unfortunate ones, unlucky ones. No matter how good and beautiful they look in the world, it is all futile. They fall into thoughts of “we wish we could have it like that, live like that.” And they are fooled. Had they seen the truth they would have been content in their state and give thanks.

After being forgiven, people recommit sins. People are sinful, so it is necessary [for us] to ask forgiveness consistently. Allah ‘azza wa jalla says, “Servants of Mine do not get tired of committing sin, and I do not get tired of forgiving them.” Allah ‘azza wa jalla’s mercy is endless. Allah’s mercy is a great provision for us. That is why hopelessness is not a good thing. Some people say, “I am a sinner, what am I to do?” Do not worry or fall into despair after asking for forgiveness. Allah ‘azza wa jalla forgives when people repent with sincere intention. Not only does He forgive, but turns those sins into good deeds!

Therefore in every way we are fortunate. We need to be thankful to Allah. Because most people do not understand this out of their own foolishness, they spend their lives in suffering, and they are never content with anything. They are not [even] aware of the provisions [already] in their [own] hands, and instead they look at what is in the hands of others. In fact, sometimes something may seem to be a good provision, but it harms people. May Allah forgive us all, insha’Allah. We ask forgiveness. Sins are heavy. Let’s unload them from our shoulders by asking forgiveness everyday, insha’Allah.

A good deed (thawāb) is not heavy. No matter how much you do, there is no heaviness. On the contrary, it make you lighter, and content, by the permission of Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
15 August 2019 / 14 Dhū l-Ḥijjah 1440, Akbaba Dergah, Morning prayerr

# SPIRITUAL IMPURITY

As-Salāmu ‘alaykum wa raḥmatu Llāh.

A’ūdhu biLlāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raḥmāni r-Raḥīm:

“Inna ‘Llāha yuḥibbu t-tawwābīna wa yuḥibbu l-muṭataḥḥirīn” (Qur’ān 2:222). In the Holy Quran, it says, “Allah loves those who repent, who purify [themselves].” Mankind are sinners, and they cannot stop being sinful. Allah ‘azza wa jalla likes people repenting. He loves cleanliness, loves what is clean.

Cleanliness does not consist in only cleaning one’s hands and face. Spiritual cleanliness is also important. The dirtiness of sins and impurity is worse. The outward filth we see is not as important. He says that if the smell of a single sin were to spread around the world, no one could stay alive. That is how filthy it is. Therefore Allah loves those who repent, [because] after repentance the filth disappears. Spiritual impurity is not like other impurities.

Therefore it does not matter how much purity those with no faith claim to have, because they do not see their impurity. They have to have faith, and after that when they repent, they will be clean in an instant. With just one declaration of faith they get rid of this filth, they become clean. “Muṭataḥḥirīn” means clean. May Allah forgive, therefore, all of our sins. Let’s be clean, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

03 September 2019 / 04 Muḥarram 1440, Akbaba Dergah, Morning prayerr

# TO KNOW ONESELF

As-Salāmu ‘alaykum wa raḥmatu Llāh.

The essence of our tariqa is sohbet (i.e., sitting together, conversing). So there is goodness in fellowship. Sohbet is in order to know Allah. One might ask, “How are we to know Allah?” The answer is, “Know yourself.”

He says “Man ‘arafa nafsahu, faqad ‘arafa Rabbah(u).” If one knows oneself, one knows one’s Lord. How are we going to know? This is a great knowledge, but it can be explained easily. How do you recognize His grandness? Only if you know yourself. People talk about someone not knowing himself. A man who knows himself, knows the state of his servanthood, that we are indeed nothing. This is the very thing that you should know, and it is not very difficult.

The universe is nothing in comparison to glory of Allah. Therefore it is asked by many, “How will we know? How will we do this?” A few days ago a muridah asked this, may Allah give her peace. She asked regarding this matter and this answer came: It becomes easier if one knows one’s limits, knows oneself. Then it is easy. The number of those not knowing themselves is large. They murmur, “This is what we are, how we are...” They turn into Pharaoh, and there are those among them who claim that they are gods.

And also there are those who do not recognize Allah. These are those people who have not recognized their limits, and do not know themselves. They know nothing about themselves. They do not know where they come from and where they are going to. Zainal Abidin’s (RA) blessed son says, “You are from a drop of water, later in the end you will be a carcass.” What else is it? It is madness that you think greatly of yourself and pontificate. This happens when one does not know oneself, and then says, “This is what we are. We are searching. No need to search too much.” We are nothing compared to the greatness of Allah. Allah favored us and has given us a body, however in comparison to Allah, the universe is nothing. May Allah have us be those who know themselves, and not those who do not. Not knowing oneself is a bad thing, may Allah protect us!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

04 September 2019 / 05 Muḥarram 1440, Akbaba Dergah, Morning prayerr

# TRIP TO JERUSALEM

As-Salāmu ‘alaykum wa raḥmatu Llāh.

InshaAllah our murids will make this journey, and they should make their intentions (niyyah) that the journey be for the sake of Allah. With this intention, from the beginning of the trip until the end, for every minute of it, they receive reward. Where we are going is a difficult place, of course, and therefore one must be patient, you should do it all keeping in mind that this is all a test. Allah gives reward for this. Insha’Allah, we will go in ease and come back in ease. The important thing is to do this, not as a worldly trip, but as a trip for the sake of Allah.

There is a hadith of the Prophet (SAW), “A journey is made to three masjids: Kaaba, Masjid an-Nabawi, and Jerusalem (Quds). This journey is to Quds, and so if you stay patient in whatever happens, there is a reward for it. Even if you have an easy time, there is reward for it, and it is a good deed, a provision. It is a trip that is not destined for everybody. It is a trip done only for Allah’s sake. You may advance, and it may also be a strength to your faith. May your station in the sight of Allah be raised, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

21 September 2019 / 22 Muḥarram 1441, Akbaba Dergah, Morning prayerr

# NO OUTCOME IS WORTHLESS

As-Salāmu ‘alaykum wa raḥmatu Llāh.

The Prophet saw says “I’m amazed at the state of the Muslim. Every affair of his is good.” When provision (ni‘ma) comes, Allah giving him good health and wealth, if he gives thanks, he wins [again], and he gets more. On the contrary, if it was a misfortune, a calamity, or poverty that comes, but if he then is patient, he [also] earns. In other words, there is never a loss in a Muslim’s affairs.

The important thing is to give thanks and praise. If you give thanks, Allah will be pleased with you. There is no way in this world that everything will be good for a man. There are things that you think are good for yourself, and there are things that are not good. But for a Muslim, for the people who believe, both are good the Prophet (SAW) says. People have forgotten this, and as soon as something happens, they rebel. Rebelling is not a good thing. It does not bring any good, because then your suffering is in vain. If you were to do the opposite, however, and be thankful out of trust in Allah, He would give you a lot more. The Prophet (SAW) says, “People in next life will wish they had lived all their life in such a manner.”

Thanks be to Allah! Thanks for all the provisions. He says, “Al-hamdu li-Llahi ‘alā kulli ḥāl!” Thanks for everything! Thanks be to Allah! May Allah keep us from lacking in faith. There are satans who are having people go off the path. Gradually rebelling can in the end turn into rebelling against Allah. May Allah protect from such! Therefore, a man benefits in the Next Life from all if he says, “It all comes from Allah. Thanks be to Allah!” May Allah not give us a load that we may not be able to carry. May He load us with his blessed provisions (ni‘ma), insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
06 October 2019 / 07 Şafar 1441, Akbaba Dergah, Morning prayer

# QURAN AND MEMORIZATION

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Bismi Llāhi r-Raḥmāni r-Raḥīm:

“Wa nunazzilu min al-Qurāni mā huya shifā’un wa-raḥmah.” (Qur’ān 17:82) The Glorious Quran is a barakah, a healing (shifa) and a barakah for all. All goodness is in it. Whether one understands it or not, one receives merits. In any case, it is not possible for one to understand it. What is important is that it is the word of Allah, His timeless word. It is transmitted to us by the Prophet’s (SAW) lips. Its barakah is not found anywhere else, so those who are able should read it, and those who do not have it memorized can read it, Too.

In places we visit, people wish to raise children as ḥuffāz [i.e., those who have memorized the Quran], most succeed too, blessed ones. Of course hafizship is not an easy thing [to achieve], but later after completion, it is most important that one protect what he has memorized. So after completion, one has to follow up. If we plant something like a sapling or a vegetable, and say, “I planted this,” then do not take care of it, nothing becomes of it. It dries away. Hafizship is harder than this, so when you have a child memorize the Quran, you must then have him follow up. If you cannot do this, there is no obligation. The obligation is not to forget what is learnt.

This is not properly understood by the people but this is a sin: do not load on more than necessary. The most important thing is to be consistent. If you load up a trunkful, but then cannot make a short trip, this is wrong. A small portion at a time, take what you are capable of carrying, and then continue so that it carries on for life. May Allah give strength to these students who memorized the Quran. May they continue, insha’Allah. It is a great ni’mah for those who are capable of it. May Allah accept it. Children are innocent; may they have no sins, insha’Allah. Even if they forget, the important thing is that they put effort into it and continue, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

07 October 2019 / 08 Şafar 1441, Akbaba Dergah, Morning prayerr



# THE MONTH OF RABI'-UL-AWWAL

As-Salāmu 'alaykum wa raḥmatu Llāh.

Thanks be to Allah. With the provision of Allah it happened to be a pleasant journey with beautiful people, and the ikhwan were pleased, also. At the end of the journey we entered Rabī'u l-Awwal together, and this too was a gift from Allah. After visiting the Prophet's (SAW) maqam, entering Rabī'u l-Awwal was our destiny. Thanks be to Allah. Rabī'u l-Awwal is the Prophet's (SAW) birth month. It is a beautiful month. Safar is a heavy month. It is in the wisdom of Allah that after difficulty comes ease.

It says "Fa inna ma'a l-'usri yusra(n)" (Qur'ān 94:5). Safar is a difficult month, and after it we entered this beautiful month of the Prophet (SAW). These great generositys, spiritual and material,... Allah 'azza wa jalla bestows on our Prophet (SAW), and to the one who remembers him, to those who love him. Allah 'azza wa jalla is the most generous. For the honor of the Holy Prophet (SAW), He grants gifts to the servant He loves. So, during this month recite salawat at least three hundred times daily. It can be increased to a thousand or more, but it should not be less than three hundred, because love of the Prophet (SAW) increases only through salawat.

Its benefits happen now or later. Each salawat recited is heard by the Prophet (SAW), and he also replies. However much we recite and collect them, this is an opportunity. May Allah increase our love! May he love us too, insha'Allah. Without his love there is benefit neither here in this world nor in the Next. Recite salawat at the beginning and the end of your supplications so that they may be accepted. May Allah give it baraka, insha'Allah. May it be Allah's help for Muslims and loss for disbelievers. May all of their malicious doings turn back on them, insha'Allah. May Allah help Muslims, and may our faith grow stronger, insha'Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuhbah of Shaykh Muḥammad Mehmet 'Adil

30 October 2019 / 03 Rabī'u l-Awwal 1441, Akbaba Dergah, Morning prayerr

# ACCEPTED prayerR

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Our acts of worship (‘ibādah) are sometimes accepted, sometimes not. Allah accepts it, and sometimes Allah does not accept it, because man is in various states; there is accepted and there is not accepted. The dua that is accepted by Allah is accepted by our Prophet (SAW). If you bring salawat wa salam to him, it will surely certainly be accepted, Regardless of one’s state, that dua is accepted in the sight of Allah, and you will earn a reward for it.

Therefore scholars, awliya’, and saliheen recite salawat at the beginning and at the end of dua so that the prayerr will be accepted. This is advised by them, because then a prayerr is accepted. The wisdom of Allah cannot be called into question. He sometimes accepts and at other times does not, but dua with salawat is accepted for the sake of the Prophet (SAW). In all our affairs, the Prophet (SAW) should be remembered so that we receive benefit.

There are many people who perform the five daily prayerrs, but when the Prophet (SAW) is not remembered, such has no benefit. Neither does it benefit him, nor anyone else, and his other affairs are not beneficial either. These things are not easy, and suddenly in a moment one might drift away from the path. So in order to make things secure, saying salawat is necessary. May Allah increase your love for him, and may we be a neighbors to him in the Hereafter, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

31 October 2019 / 04 Rabī’u l-Awwal 1441, Akbaba Dergah, Morning prayerr

## THE LAST REGRET

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Thanks be to Allah that Allah gathered us in this sacred place again. These are the greatest provisions. People do not realize their value, and are confused about what to do. People are out of the path, obeying their ego and doing evil. When you tell them not to do this, they say, “This is me. What I do is right.” Later some of them realize their error and regret it. Before they regret, though, it may happen that they have caused a lot of harm already, which means that whether they regret or not harm has already been done either to himself or others. He also regrets this in his conscience.

There is no way to compensate for it, because it is already done. He should have known better from the beginning; he will learn later. Now what is taught today is to do evil. They say it is good, but in fact it is not good. Once you go against Allah, your every doing is evil.

“Fa-zayyana lahum ash-Shaytānu a‘mālahum” (Qur’ān 16:63). Shaytan makes it look good, ornaments it, makes what you do appear as if good, while he is deceiving you. When you do not do what Allah says, whatever it is you are doing appears good but is evil, so turn to Allah.

“W-atūbū ilā Llāhi jamī‘a(n)” (Qur’ān 24:31). They need to repent and turn to Allah, so that they won’t have regrets. Of course, this feeling of regret is good to some degree, but if after realizing the truth, their regret comes in the next world, their state will be worse. May Allah protect us! May Allah not have us do things we may later regret, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

19 November 2019 / 22 Rabī‘u l-Awwal 1441, Akbaba Dergah, Morning prayer

## ‘ABD USH-SHAKOOR EFENDI

As-Salāmu ‘alaykum wa raḥmatu Llāh.

May the condition of one’s state be a good means for one to exit this world with faith. This is the good consequence, otherwise one’s leaving as a rich man has no benefit to him. Property and money exist, but they have no benefit in the Next World—they remain here. What remains with you are your good deeds, good actions. They will come with you, otherwise even if whole world is yours it would do you no good.

There was one of our ikhwan who was born a non-Muslim and passed away with faith. He is going to be buried in Sweden today, insha’Allah. He lived in one of the richest countries in the world. [Yet] many die there too, no one remains permanently. Most leave without faith, because they consider themselves as the best of people, but [still] there is no benefit. This person became a Muslim at the hands of Sheikh Nazim efendi. He served Islam at all times. He helped, and he tried to spread Islam. This is “having a good end”, and it is his.

During the funeral prayerr [the attendees] are asked to make their right helal [i.e., to forgive and forgo claiming their rights against the deceased in the Next Life]. Thanks be to Allah, we bear witness for him that he was a Muslim man who served Islam. He lived according to Islam without hesitation, and tried to spread it, and caused some to become Muslims in a place of where the majority is non-Muslim. May Allah make his place the best in paradise. May we meet in paradise, insha’Allah. This is not a separation [that will last] forever. Mindless people say [that when they die] they leave to rest forever, but death is not a place of rest. One stays there, and then is raised again for Qiyamah (Resurrection), to give one’s account and more. After that, whether he may rest or not will be determined Then.

Yet because he died by Allah’s permission during an accident, he was a shaheed (martyr). May Allah have mercy on him, due to his love and respect. Because of him, may Allah guide his family too, as he tried hard, but it had not yet happened. Insha’Allah, from now on they are guided.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

20 November 2019 / 23 Rabī’u l-Awwal 1441, Akbaba Dergah, Morning prayerr

# HIDDEN ATTACK

As-Salāmu ‘alaykum wa raḥmatu Llāh.

A thing one may not give importance might save him from hell. If you want to help someone, and if you give help, Allah may guide him. If a person wants help from you and asks, “What should I do?” intending it as asking for spiritual help, some people will dismiss him, and then that his responsibility becomes theirs also. We read in a hadith qudsi yesterday that whoever remembers Allah even once in his life will be saved from hell Ultimately.

Some deny Allah totally and purposely. They curse at Him. And there are a lot of ignorant people who get into arguments about things they don't understand, and they hurt a lot of people unknowingly. And this harm becomes eternal harm, and this person deserves hell. And eternal hell exists. One who believes in Allah, remembers Him even once, will be ultimately taken out of hell and put in paradise.

For that reason, these issues require help, and people who are intelligent need to explain. There are now a lot of crazy fashions out there, trying to get young people away from path. We hear, and we're sad. May Allah protect them, insha'Allah, and help us bring up people with sound minds. There are many schools that were built to help the faith, but unfortunately they are now doing their “duty” to destroy the faith. We need to pay attention to such matters. If a person is not qualified to work there, there are many other [regular] schools. Let him go there and do other things.

May Allah help. May Allah protect, insha'Allah. Because we see that the whole non Muslim world is trying to destroy Islam here. In both hidden and open ways. The hidden way is more dangerous; the open way is not as threatening. Thanks be to Allah. Allah is helping. Because we say, “Allah,” victory is always with us, but the hidden attacks are dangerous. Unfortunately those who seem most trustworthy are the ones trying to take faith away. They deceive people and weaken their faith. May Allah protect us from evil. May Allah help, insha'Allah. May our faith be strong, insha'Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

21 November 2019 / 24 Rabī‘u l-Awwal 1441, Akbaba Dergah, Morning prayer

# A BLESSED NIGHT

As-Salāmu ‘alaykum wa raḥmatu Llāh.

This night is a blessed night, the night of Friday. A night during which prayers are accepted. Every week Allah ‘azza wa jalla makes a holy day [Turkish: bayram] for the believers. He makes Friday to be a bayram. Holy days are also days of barakah. Tonight is one of those nights. There is such a strong spiritual power within this night. Insha’Allah, it is Allah’s help for Islam. This happens every week, but especially tonight there is more action. These actions are sent as help for those who are believers so that they are protected, insha’Allah. This is because believers are greatly under attack.

The first cause of this is their ego. They obey their nafs. The nafs attacks them, and they bow to it, they bow to the devil, and they bow to useless people. In fact, however, they should be connected to tariqah shaykhs who have real knowledge. As we have said, one should submit so that he is protected from evil and attacks—not [submit] to those he is [merely] pleased with, but to those who, after searching, [he can see] are real. Otherwise, he’ll think that he is doing well enough on his own, but will actually hurt himself.

Today there are a lot of things that look right but are false. And false [examples] make the real look false. May Allah protect us! That is not so important, but [having] the help of Allah is! Insha’Allah, this help has arrived tonight. Insha’Allah, those who seek refuge with the real ones will receive some of this help. Those who do not give heed are just tiring themselves in vain. Their doings are futile. May Allah have us be with real people, so that we receive spiritual power.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

22 November 2019 / 25 Rabī‘u l-Awwal 1441, Akbaba Dergah, Morning prayerr

# THE ONE WHO HAS KHAYR

As-Salāmu ‘alaykum wa raḥmatu Llāh.

A’ūdhu biLlāhi mina sh-shayṭāni r-raġīm. Bismi Llāhi r-Raḥmāni r-Raḥīm:

“Wa mā ūtītum min shay’in fa-matā’u l-ḥayāti d-dunyā wa zīnatuhā wa-mā ‘anda ‘Llāhi khayrun wa abqā afalā t’aqilūn,” (Qur’ān 28:60). Allah ‘azza wa ‘jalla says, “And whatever you have been given - it is for the enjoyment of worldly life and its adornment. And what is with Allah is better and more lasting; so will you not use your minds (‘aql)?”

What is given in the world is a little thing. This world is a place of amusement. The Next World (Akhira) is better and lasting. Now obesity has become fashionable. Let a man eat for two people, or five, or ten, but mankind cannot eat more and more. It is limited. Allah ‘azza wa jalla tells us that this world is not eternal. The eternal and better is the next world. Provisions for the Akhira are lasting, not those for this world. If you consume more [here], use more than necessary, it will harm you. Therefore, importance must be ascribed to the Next World as it is everlasting. Allah ‘azza wa jalla constantly reminds people of this, but people block their ears to this fact. They don’t care. They continue along their way according to their own knowledge, shamelessness, and wickedness.

Those who are non-Muslims, or those who have no faith—we understand why they do not think of the Akhira, but it does not make sense for those who claim to be Muslim, and it is stupidity for them still not to remember. One who has intelligent recognizes the importance of the Akhira. He takes care of what he does, and always lives in goodness. On the other hand, those who do not give importance [to the Akhira], continue in theirworldly work like machines or engines, and then find nothing [i.e., no provisions] for the Akhira. May Allah help us to keep the Akhira in mind, and make such mindfulness perpetual, insha’Allah. (As we said before, we talk about it now, but forget it later.) May the remembrance of Allah stay in our hearts perpetually, insha’Allah, and may we find ourselves with Allah, insha’Allah!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

23 November 2019 / 26 Rabī’u l-Awwal 1441, Akbaba Dergah, Morning prayerr

# WORRYING ABOUT PROVISION

As-Salāmu ‘alaykum wa raḥmatu Llāh.

The Prophet Muhammed (SAW), “If Allah is trusted as He deserves and without question, He sends provision.” In the morning, with empty stomachs birds look for their provision, and later in the evening with full stomachs they return. They trust Allah and find their provision; Allah gives.

People of today do not depend upon Allah in order to find their provision, but think rather, “How am I going to do this? What am I going to do?” and then they stress themselves out. This makes their case much worse. After trusting Allah, one feels relaxed, and does not become stressed. This trust is more important than the provision. Allah is ar-Razzaq (the Provisioner). One ought to trust Him. Allah gives everyone his provision. If you have provision, you can stay alive; if not, even though whole world be yours, you cannot survive.

Therefore it is necessary to plead to Allah with trust, so that Allah might not keep us away from faith. The stronger our faith is, the more trust we have for Allah. Those who do not trust Allah are those who obey their ego’s desires. Their desires do not do them good but evil. Everything is in the hands of Allah. Allah gives comfort or suffering. Those who trust find comfort—those who do not obey their desires. Cravings cause suffering, and at all times one finds oneself bothered. May Allah keep our faith strong—this is the most important thing.

In order to put your trust in Allah, you need strong faith. Allah has given thought, reason and idea. When one thinks, “With so many millions of people, maybe I won’t get any sustenance.” That is it! When a person is not provided for, he cannot live. [But] you’ve got your sustenance! That’s how you are still alive! May Allah show the meanings of things and have people understand rationally, insha’Allah. Because once Allah takes misunderstanding away, he cannot comprehend, and then finds himself suffering. May Allah give everyone comfort. May they live in Islam through the khayr of iman—otherwise, it cannot be called living.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

30 November 2019 / 03 Rabī‘u l-Akhir 1441, Akbaba Dergah, Morning prayerr



# ON JUSTICE

As-Salāmu ‘alaykum wa raḥmatu Llāh.

“Justice” is a name of Allah. No justice is left on earth. That is why the wrath of Allah is raining down on us. We are in the days which the Prophet (SAW) mentioned. There is no justice anywhere. They try to bring justice, and think they maintain it, but in fact they deceive everyone. The innocent are being punished, and those who are guilty are playing around freely. Justice is being lost.

This is far more important than the economy or anything else. Without justice, Allah will not help. And without the help of Allah, there will be no success in the economy or in anything else, and everything that people do will go wrong. It's been a game, in which the innocent are being punished, and the guilty are being rewarded. This must not be! You have to tell the truth and not be afraid of anyone! This is advice to those who say they are Muslims, and it is a warning to others. People who are Muslim need to be careful. Don't say, “I didn't know,” for you will know! If you're in that position, you have a responsibility. If you can't do, say you can't do, and then you won't fall into the hands of scoundrels and tyrants. If you will try to do well, Allah will help you. Nothing can stand against Allah's help.

One has been playing around. One has got to get out of the game. We need to weed out people, the bad one who are playing around. For the sake of the country and for Islam. The whole Islamic world is looking towards us. We regret to say that this needs to be fixed. We are the hope of the whole Islamic world. With Allah's permission, I hope that they will listen to this advice and that the persecution will be stopped. There's a game you have to get out of the game! It is Shaytan's game, Dajjal's game. May Allah give protection! May Allah help us!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

04 December 2019 / 07 Rabī‘u l-Akhir 1441, Akbaba Dergah, Morning prayer

# SIDI ABDUL-QADIR AL-GAYLANI (Q.S.)

As-Salāmu ‘alaykum wa raḥmatu Llāh.

The Prophet says, “Anda dh-dhikri ş-şālihīn, tanzīlu r-raḥmah.” “Whenever a righteous person is remembered, the Rahmah of Allah descends there.” The month of Rabī‘u l-Akhir is the month of Sidi Abdul-Qadir al-Gaylani (Q.S.). It is the month of his birth. Sidi Abdul-Qadir al-Gaylani (Q.S.) is one of the greatest friends of Allah. He is a descendant of the holy Prophet (SAW), and he is the head of a great tariqah.

He is an ocean of knowledge. He is knowledgeable of seen and unseen knowledge. Whoever follows him is on the right path. The path of tariqah is the path of Truth. This is one of the forty tariqahs. It is one of the biggest. Shaykh Baba, Shaykh Nazim Efendi (Q.S.), made khalwah next to him [at his grave]. He stayed there about six months, as far as I remember, in 1965. During this time miracles happened to him. Its barakah, insha’Allah, will reach us and his murids until Yawm ul-Qiyamah. With Allah’s permission, his glance is upon our tariqah, too.

Some people are ignorant, they make comparisons such as, “Your tariqah is better,” or “My tariqah is better.” They all are directed to the way of Allah. We need to be careful not to cross the limits of adab. Every saint is a good servant of Allah. If one of you says a word that violates adab, you will receive wrath of Allah. This is not a good deed, so one must be careful. You are in the Naqshbandiyyah Tariqah and are obliged to love the Qadiriyyah. You will also love the Rifaiyyah, the Badawiyyah—love all of them. This is because Allah does not put everyone into the same place.

This path is the path of truth. Those who are on this path are on the path of the Prophet (SAW). It has reached us without interruption. Those who do not respect these, who turn away as enemies, are doomed. May Allah, therefore, bless their secrets. May their station be the highest. May their glance be upon us, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil  
05 December 2019 / 08 Rabī‘u l-Akhir 1441, Akbaba Dergah, Morning prayer

# TO FOLLOW THE SUNNAH

As-Salāmu ‘alaykum wa raḥmatu Llāh.

To follow the Prophet (SAW) is a virtue. The Prophet (SAW) says, “Whoever fulfills my sunnah during the End Days receives [the merit of] a deed of a martyrdom.” The sunnahs are many; there are thousands of them. Some of them are forgotten; some still known. There are also a lot of them that are known but are not done, but those who fulfill them gain a lot. They receive virtue. Satan and his helpers do not want this, so they knowingly don’t do most of the sunnah, [and] at the same time they try to prevent others.

Thanks be to Allah that in our country Friday prayerrs are performed, [and that both] before the Friday prayerr and after, the sunnah prayerrs are also preformed. Imams could not digest this, so in order to forbid them, after two rakaats of sunnah prayerr, they turn around to the congregation and say, “This [i.e., more] is unnecessary.” You do such a great sin by forbidding people from a good action. This way you receive the sin, [and] however much you become the bad example, or however much you forbid people, that much sin is attributed to you. So it is not good to stop a person from fulfilling a sunnah! On the contrary, one must encourage others to follow the sunnah. There are many forgotten sunnahs, [and] those who follow them receive the thawab of a hundred martyrs. Those who do not are deprived of such deeds, [and] of course, the one who prevents [such deeds, it is as if he] enters the plague.

The one who follows the sunnah of the Prophet (SAW) receives the good pleasure of Allah. Allah ‘azza wa jalla has offered us a lot of good things—take from them! Life is short, [and] the Next Life is eternal, [so] we need it [i.e., these helps], and this is all that we are capable of taking with us. Money, property, and such we cannot take with us. This is the very thing we need in Next Life. May Allah make us successful! Let’s do [of the sunnahs] as much as we can. Of course, it also depends on our intention, that we intended to fulfill the Prophet’s (SAW) sunnah. May Allah accept it, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

06 December 2019 / 09 Rabī’u l-Akhir 1441, Akbaba Dergah, Morning prayer

# WHOM ALLAH LOVES

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Insha’Allah our journey today is to a blessed place. (The Sheikh is leaving for Egypt.) There are so many sahabah, awliya, and prophets in this country. First of all, blessed Sayyiduna al-Hussain’s (RA) head is there. Our mother Sayyidah Zainab (RA) is there. One of the greatest awliya, Sidi Ahmet al-Badawi (QS) is there.

Thanks be to Allah that Istanbul is under his protection. We live here because of his barakah. Our dergah is within his property, his waqif, thanks be to Allah. Sidi Ibrahim ad-Dusuki (QS), Sidi Abu-’l-Hasan ash-Shazali (QS)—there are thousands of awliya and sahaba there! Insha’Allah, their barakah will be upon us. Insha’Allah, it will be a means of guidance for us and for those who will come after us. It is the strength of the awliya’uLlah, the prophets, and the righteous that holds the world together. Otherwise, the world could not be held together—not for a minute longer!

Everything is by the permission of Allah, to help people. Because of His mercy, Allah bestowed this special ability upon them. This is a blessed word of the Prophet (SAW). Today, the first attack by so-called scholars supposedly having knowledge is upon these blessed ones. Such attacks are not against Satan. Of course they do not attack Shaytan, because they are Shaytan’s buddies. They attack awliya’u-Llah, sahabah, blessed people, and say that these people are dead. They are not dead—these places are tombs. “Yatır” means blessed (mubarak). Barakah descends to places where they are present, mercy descends. May Allah not separate us from their abundance. We love them, and may they love us too, insha’Allah!

It is said that a person is brought back [to life] with those whom he loved. This is something to be careful about. If the one you loved was lovable to Allah, then you are saved. There is no need to love the world’s useless people. Love those whom Allah loves, insha’Allah! May Allah make us amongst those whom He loves, insha’Allah!

Wa min Allāhi t-tawfīq, al-Fātiḥah

Şuḥbah of Shaykh Muḥammad Mehmet ‘Adil

07 December 2019 / 10 Rabī’u l-Akhir 1441, Akbaba Dergah, Morning prayer

# THE TRUE FRIEND

As-Salāmu ‘alaykum wa raḥmatu Llāh.

Allah ‘azza wa jalla is the nearest to us. Allah is with us. Allah ‘azza wa jalla says in the Holy Quran, “Aqrabu ilayhi min ḥabli-lwarīd” (Qur’ān 18:16) “Closer to you than your jugular vein.” Therefore Allah ‘azza wa jalla is the most faithful one. He is Ḥayy (Living); He never changes. The world changes, people come and go, days come and end. Those who are with Allah become His friends. The true Friend is Allah. Be with those Allah loves. Allah watches over you. Wherever you go, Allah is with you. Whether you be here or elsewhere, in Konya, Cyprus, Makkah, Madina—wherever you may be—Allah is with you. He is with you also in the life within the grave and on the Judgement Day. Eternally He is with you.

People leave Allah, and prefer Satan as their friend. They have no intellect. One ought to know his friend. Be with Allah; be friends with Allah; be friends with Allah’s beloved servants, so that you may not say that you were deceived. As long as you are with Allah, all beauty is with you, and all goodness stays with you. May Allah make us all to be [His] friends. May He have us amongst those whom He loves, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

29 December 2019 / 03 Jumādā-l-Awwal1441, Akbaba Dergah, Morning prayerr

# THE CAUSE OF SICKNESSES

As-Salāmu ‘alaykum wa raḥmatu Llāh.

The stomach is home to sickness, and the first remedy is to be protected. One should take care of what one eats. One should eat what is halal so one won't become sick. As the holy Prophet (SAW) says that material and spiritual sicknesses are the same in that the place of every sickness is the stomach. It needs to be protected: one should take care of what he eats; one must eat what is halal. Eating from what Allah allows will benefit you; your well-being will be maintained. A person will be relaxed, and not suffer.

A person suffers from his own doings, because Allah provided benefit in everything, provided benefit and strength. Today people eat little variety. What people in the past ate, today people do not eat, then they say, "This or that happened and we are sick..." All kinds of sicknesses occur. Some are incurable, but Allah helps with some of them, and they receive healing, but there are a lot of sicknesses which are incurable, unfortunately. Of course, one may not die from a sickness even though it is incurable, but the person might suffer from it for years or all of his life. There is no need for this to happen. Allah bestowed this body upon you as a trust. It is a good deed to take care of it; to abuse it harms you and also causes you to betray Allah's trust.

So it is necessary to take care of what to eat and what not to eat. Especially so now that there are these newly fashioned food. Things that come from Europe, America—it is not really known what they are. They send food and drinks of all types, and we eat and drink them happily. They abandon our beautiful provisions and go to unnecessary things. Allah created many varieties—for every season there is different type of suitable food. These [new foods] are far from it, but like [for] donkeys or animals. Donkeys do not get tired of hay; every day they eat hay. Is it possible to eat the same thing every day? It has to be different. In every season different things should be eaten. May Allah provide what is halal, and may what we eat give healing to us, insha'Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

30 December 2019 / 04 Jumādā-l-Awwal 1441, Akbaba Dergah, Morning prayer

# NEW YEAR

As-Salāmu ‘alaykum wa raḥmatu Llāh.

“Wa-dhakkir, fa’inna -dh-dhikrā tanfa’u -l-mu’minīn” (Qur’ān 51:55) “Keep admonishing (or “reminding”), for indeed admonishment benefits the believers.” Allah ‘azza wa jalla asks us to remind the believers. There is benefit in reminding. Why do we say this? Because once again tonight there is this event called New Year’s Eve. To satisfy egos, people make up such ridiculous days, and then consider them important occasions and regard it as a duty [to celebrate] them. They assume that rebelling against Allah and being slaves of their egos is their duty.

May Allah give minds and thoughtfulness to these people, because this is an event which has no meaning. Its meaning is beginning of the year. A year is over; another year starts—not very important. Every day we already spend a day from our lives. A day ends and then another; a month ends and [then] a year. Allah ‘azza wa jalla has appointed months and years—no need to be rebellious. On the contrary, “One more year is over in our lives, so what wrongs did we do? What kinds of badness?” This must be the question to ask, and [then to] ask for forgiveness. It is necessary to repent for our sins that we have committed in the year. If you still respect the beginning of the year, then welcome it with repentance rather than with rebellious actions.

Or one must think something such as, “However much we rebelled, may Allah forgive us.” This would be something better. Otherwise, you already spent the year doing evil, and then you will spend the night with more evil. It is necessary to know that there is no good but rather loss in this. This is just a word said here, but of course believers already know these things. They do not get involved in such stupid things. All those who obey their egos, serve the ego, forget Allah. They worship their ego, worship Satan, and then expect something good. No, it does not happen this way! May Allah guide them, give them intelligence. We say nothing more.

Not only these, but people all over the world, Muslim and non-Muslim give importance to this. This is not something to consider important. As I said earlier, it is [an occasion] to remind again. Allah draws a limit for everything. This is the boundary of the year. Twelve months end; a new year starts. May every new day come for us, insha’Allah. May each one be good and not [something] for evil. May the year be beneficial for Islam. May kufr be defeated this year, insha’Allah. This is because oppression is at its peak all over the world.

Every night it is said that one country or another is welcoming a new year, while in another country oppression is at its peak. The second country enters a new year. It is bad, and the other one is even worse. The greatest injustice is done against Islam, against Muslims. Muslims should not be happy for such an event but upset. May Allah send a savior. May He send Mahdi (AS). May He save us from these astonishing things, insha’Allah.

Wa min Allāhi t-tawfīq, al-Fātiḥah

Ṣuḥbah of Shaykh Muḥammad Mehmet ‘Adil

31 December 2019 / 05 Jumādā-l-Awwal 1441, Akbaba Dergah, Morning prayerr

The End